

2023 EVENT GUIDE

38TH ANNUAL

HIGHLIGHTS IN MEDICINE

CONFERENCE AND REUNION

'Healing Ourselves, Healing Our Communities'



UNIVERSITY OF SASKATCHEWAN
College of Medicine
MEDICINE.USASK.CA

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification (MOC) program of the Royal College of Physicians and Surgeons of Canada and accredited by the Division of Continuing Medical Education, College of Medicine, University of Saskatchewan for up to **6.75** MOC credit hours.”

2023 Conference Theme

HEALING OURSELVES, HEALING OUR COMMUNITIES

Emphasize education

Through immersive lectures, discussions and facility tours, this year's Highlights in Medicine Conference and Reunion seeks to put professional and personal development at the forefront of the itinerary for physicians.

Devise new tools

By applying a multifocal lens of healing to learning outcomes, our speakers want to express the impact physician burnout and resource strain have had on the community, challenge the norm of research ownership, and assist in defining a path forward to mend our healthcare professionals and the communities they serve.

Cultivate community

We all have a story to tell - Engage in meaningful and intentional conversations with attendees spanning all generations and levels of experience. The Highlights in Medicine Conference and Reunion is proud to host members of the medical community across all stages of career, from students to retired professionals.

Conference Learning Outcomes:

- Become aware of current issues affecting today's medical practice
- Update the knowledge of several recent advances in medicine
- Increase their awareness of important contributions made by alumni and faculty of the College of Medicine



LETTER FROM DR. PRESTON SMITH

Dean, USASK College of Medicine

Welcome alumni, and—new this year—friends and partners in the medical community, to our 38th annual Highlights in Medicine conference! The College of Medicine is excited to connect with you at this renewed version of our conference, very appropriately themed Healing Ourselves, Healing our Communities. We have been through a lot in recent years and our conference this year is all about moving forward with new ideas and approaches we've learned through challenge and change, combined with some continuing return to "normal" as we connect face-to-face for those important conversations that digital platforms simply cannot recreate. I look forward to seeing you there!



Dr. Preston Smith
Dean,
USASK College of Medicine



LETTER FROM DR. TERRY ZLIPKO

President, College of Medicine Alumni Association

We are marking 38 years of celebrating USASK College of Medicine alumni successes and growth within the Saskatchewan medical community through the Highlights in Medicine Conference and Reunion - what a narrative to be a part of! Thank you for the roles you have played in the history of this event; Whether through volunteering as a class rep, joining the program as a lecturer, or attending the conference, your participation allows us to continue writing the story of what it means to be an alumnus and friend of the USask College of Medicine!

Let's continue to push the envelope of impact that a medical conference can provide for our community. Let's embrace the tradition of celebrating our peers, and growing together through professional development with another successful Highlights in Medicine Conference and Reunion.

Thank you for supporting your Alumni Association and your alma mater! I encourage you to explore this guide, discover what the 2023 conference offers, find ways to reconnect, and most of all have fun!



Dr. Terry Zlipko (MD'74)
President,
College of Medicine Alumni Association



THANK YOU

TO THE VOLUNTEER CLASS REPRESENTATIVES OF OUR HONOURED ALUMNI CLASSES

As volunteer representatives of their class year and peers, these individuals went above and beyond to organize the 38th annual Highlights in Medicine Conference and Reunion. Thanks to their guidance in directing the conference theme, topics and lecturers, the impact of this year's program will have longstanding effects on this and future conferences.

Class of 1963	60th year reunion
Class of 1968	55th year reunion
Class of 1973	50th year reunion
Class of 1978	45th year reunion
Class of 1983	40th year reunion
Class of 1993	30th year reunion
Class of 2008	15th year reunion

Dr. Bert McBride
Drs. Lynn Tomkins & Craig Hubbard
Dr. Jim Cross
Dr. Florence Wardell
Dr. Marilyn Cooper
Dr. Nora McKee
Drs. Kevin Ledding & Morgan Hewitt



WE ARE ALSO PLEASED TO CONGRATULATE THE FOLLOWING CLASS YEARS FOR REACHING MILESTONE ANNIVERSARIES

Class of 1953	70th year reunion
Class of 1958	65th year reunion
Class of 1988	35th year reunion
Class of 1998	25th year reunion

Class of 2003	20th year reunion
Class of 2013	10th year reunion
Class of 2018	5th year reunion

PROGRAM OVERVIEW

FULL WEEKEND SNAPSHOT

Welcome Day | Thursday, June 15, 2023

TIME	EVENT	LOCATION
6:30 - 9:30 PM	Welcome Reception	LB Distillers (814 47th St E)

Alumni Day | Friday, June 16, 2023

TIME	EVENT	LOCATION
7:45 - 8:15 AM	Registration	USask Health Sciences
8:15 - 8:30 AM	Welcome & Opening Remarks	E-wing Atrium & Lecture Hall
8:30 - 9:30 AM	Honoured Alumni Lecture	(1150)
9:30 - 10:15 AM	Med Student Research Symposium	
10:15 - 12:15 PM	Peer to Podium Lecture Series	
12:30 - 1:45 PM	Alumni Association AGM Lunch	Louis' (Downstairs)
2:00 - 4:00 PM	Organized Tours	USask Health Sciences Atrium
Evening	<i>Honoured Years Reunion activities</i>	<i>Organized by Class Reps</i>

Medicine Day | Saturday, June 17, 2023

TIME	EVENT	LOCATION
7:45 - 8:15 AM	Registration	USask Health Sciences
8:15 - 8:30 AM	Welcome and Opening Remarks	E-wing Atrium & Lecture Hall
8:30 - 9:30 AM	Clara & Frank Gertler Lectureship in Medicine	(1150)
9:45 - 10:45 AM	Betty-Ann & Wade Heggie Lecture in Integrative Medicine	
11:00 - 12:00 PM	Dr. Anita Chakravarti Lectureship in Health & Wellness	
12:15 - 1:15 PM	Organized Lunch	Louis' (Downstairs)
1:30 - 3:30 PM	Family Focused Event - Let's go to the Zoo!	Saskatoon Forestry Farm & Zoo
6:00 - 10:00 PM	Highlights Banquet	Delta Bessborough Hotel

Highlights Banquet | Saturday, June 17, 2023

TIME	EVENT	LOCATION
6:00 - 7:00 PM	Cocktail Reception with Honored Year class photos	Adam Ballroom -
7:00 PM	Welcome remarks and Dinner Service	Delta Bessborough Hotel
9:00 PM	Program and Silent Auction conclusion	(601 Spadina Crescent E)
10:00 PM	Official Close of the 38th Highlights in Medicine Conference and Reunion	

PROGRAM ITINERARY

INTO THE DETAILS...

WELCOME DAY

Thursday, June 15, 2023

Welcome Reception

Opening the 38th annual Highlights in Medicine with style, join your fellow alumni and physician counterparts for an evening social with good food and great spirits. Hear of the ambitious initiative and exciting vision that will advance the future of the USASK College of Medicine.

Location

LB Distillers (814 47th St E)

Time

6:30 PM Doors Open
7:30 PM Presentation: Spirit of the College Award
7:45 PM Program & Speeches
9:30 PM Last Call

ALUMNI DAY

Friday, June 16, 2023

Registration - Conference Day One

Pick up your Welcome Bag, Conference ID tag and a nutritious snack and refreshment to start your day.

Location

USask Health Sciences A-wing Atrium

Time

7:45 AM Registration Table Opens

Welcome and Opening Remarks

Grab your seat, gather your thoughts, and get ready for a day of learning, sharing and healing.

Location

USask Health Sciences E-wing Lecture Hall

Time

8:15 AM

Honored Alumni Lecture

Nominated and selected by USASK Medicine alumni, this lecturer embodies excellence in their field and has made great strides to better their community.

Location

USask Health Sciences E-wing Lecture Hall

Time

8:30 AM - 9:30 AM

Med Student Research Symposium

As participants in the Dean's Summer Research program, engage with USask Med's best and brightest students. Bring your inquisitive eyes; they're ready!

Location

USask Health Sciences E-wing Atrium

Time

9:30 AM - 10:15 AM

Peer to Podium Lecture Series

Meaningful and timely topics, all presented by USASK Medicine alumni representing honoured years classes.

Location

USask Health Sciences E-wing Lecture Hall

Time

10:15 AM - 12:15 PM

Lunch and Alumni Association AGM

Delicious food, and the sharing of a renewed vision for the USASK College of Medicine Alumni Association.

Location

Louis' (Downstairs of the Memorial Union Building)

Time

12:30 PM - 1:45 PM

Tours

Experience being a current med school students with tours and demos of the latest technology in learning.

Location

USask Health Sciences E-wing Atrium

Time

2:00 PM - 4:00 PM

CONTINUED...

MEDICINE DAY

Saturday, June 17, 2023

Registration - Conference Day Two

Check in for your second day of lectures and activities. Bring sure to grab a refreshment on your way in.

Location

USask Health Sciences E-wing Atrium

Time

7:45 AM Registration Table Opens

Welcome and Opening Remarks

Grab your seat, gather your thoughts, and get ready for day two of learning, sharing and healing.

Location

USask Health Sciences E-wing Lecture Hall

Time

8:15 AM

Clara and Frank Gertler Lectureship in Medicine

Explore topics that are supportive of and linked to current health and medical trends.

Location

USask Health Sciences E-wing Lecture Hall

Time

8:30 AM - 9:30 AM

Betty-Ann and Wade Heggie Lecture

Learn about the latest advancements from the field of complementary and alternative medicine.

Location

USask Health Sciences E-wing Lecture Hall

Time

9:45 AM - 10:45 AM

Dr. Anita Chakravarti Lectureship

in Health and Wellness

Develop your personal health and wellbeing in the context of the workplace and community.

Location

USask Health Sciences E-wing Lecture Hall

Time

11:00 AM - 12:00 PM

Lunch at Louis'

Delicious food, and an opportunity to discuss learnings, and mix and mingle with the day's lecturers.

Location

Louis' (Downstairs of the Memorial Union Building)

Time

12:15 PM - 1:15 PM

Family-Focused Activity - Let's go to the Zoo!

A fieldtrip to the Zoo - say hi to the bears, bison and monkeys. Buses will transport you to and from the zoo.

Location

Saskatoon Forestry Farm & Zoo

Time

1:30 PM - 3:30 PM

HIGHLIGHTS BANQUET

Saturday, June 17, 2023

Highlights Banquet

Bringing the 38th annual Highlights in Medicine Conference to a close, we celebrate the achievements of the USASK College of Medicine community and the progress and developments within the Saskatchewan healthcare landscape.

Location

Delta Bessborough (601 Spadina Cres E)

Time

6:00 PM Cocktail Reception and Class Photos

7:00 PM Welcome and Dinner Service

9:00 PM Silent Auction closes

10:00 PM Official close to the 38th annual Highlights in Medicine Conference and Reunion

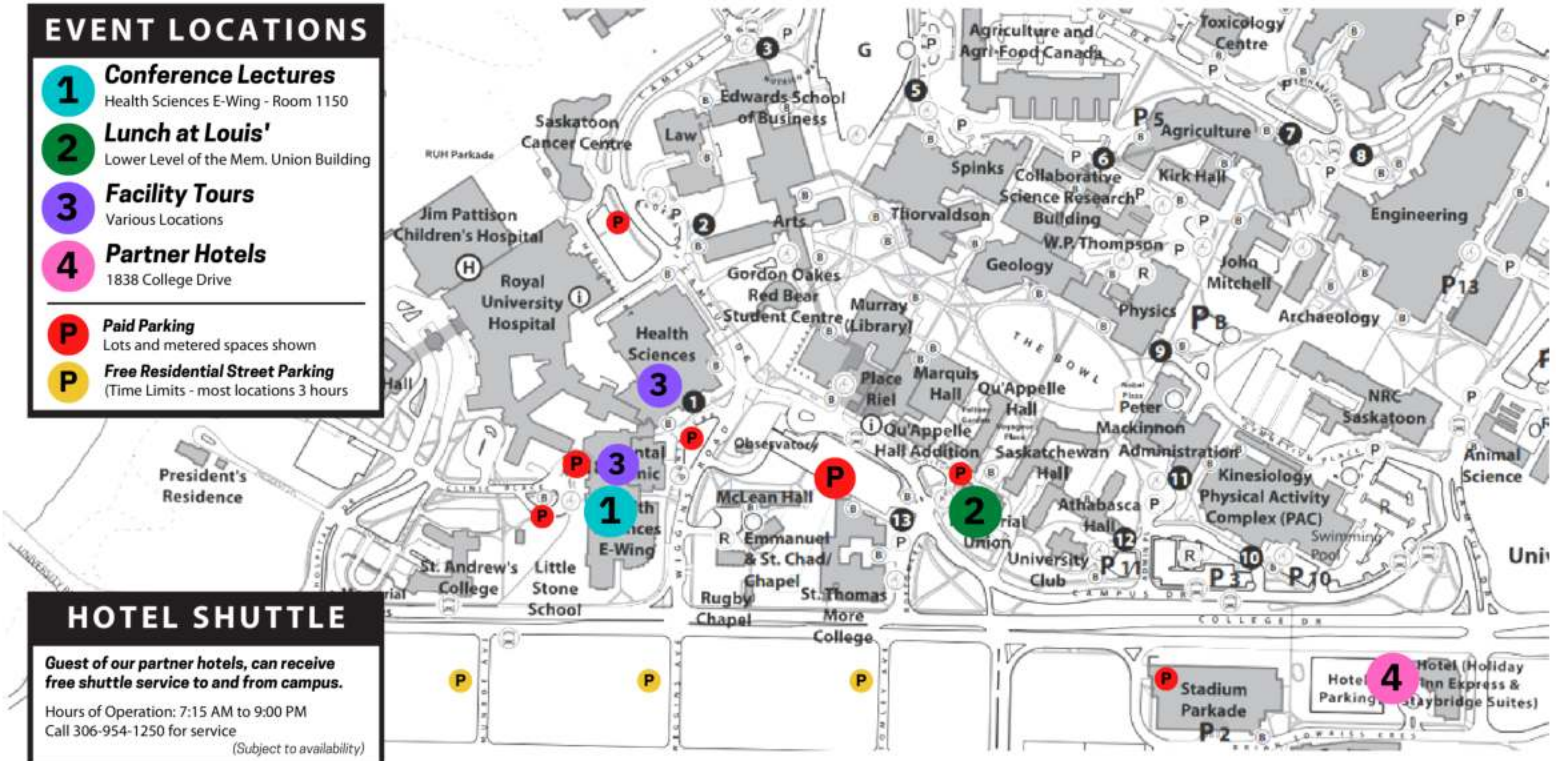
Recommended Dress: Formal - Black tie optional

EVENT LOCATIONS

UNIVERSITY OF SASKATCHEWAN MAP

EVENT LOCATIONS

- 1** **Conference Lectures**
Health Sciences E-Wing - Room 1150
 - 2** **Lunch at Louis'**
Lower Level of the Mem. Union Building
 - 3** **Facility Tours**
Various Locations
 - 4** **Partner Hotels**
1838 College Drive
-
- P** **Paid Parking**
Lots and metered spaces shown
 - P** **Free Residential Street Parking**
(Time Limits - most locations 3 hours)



HOTEL SHUTTLE

Guest of our partner hotels, can receive free shuttle service to and from campus.

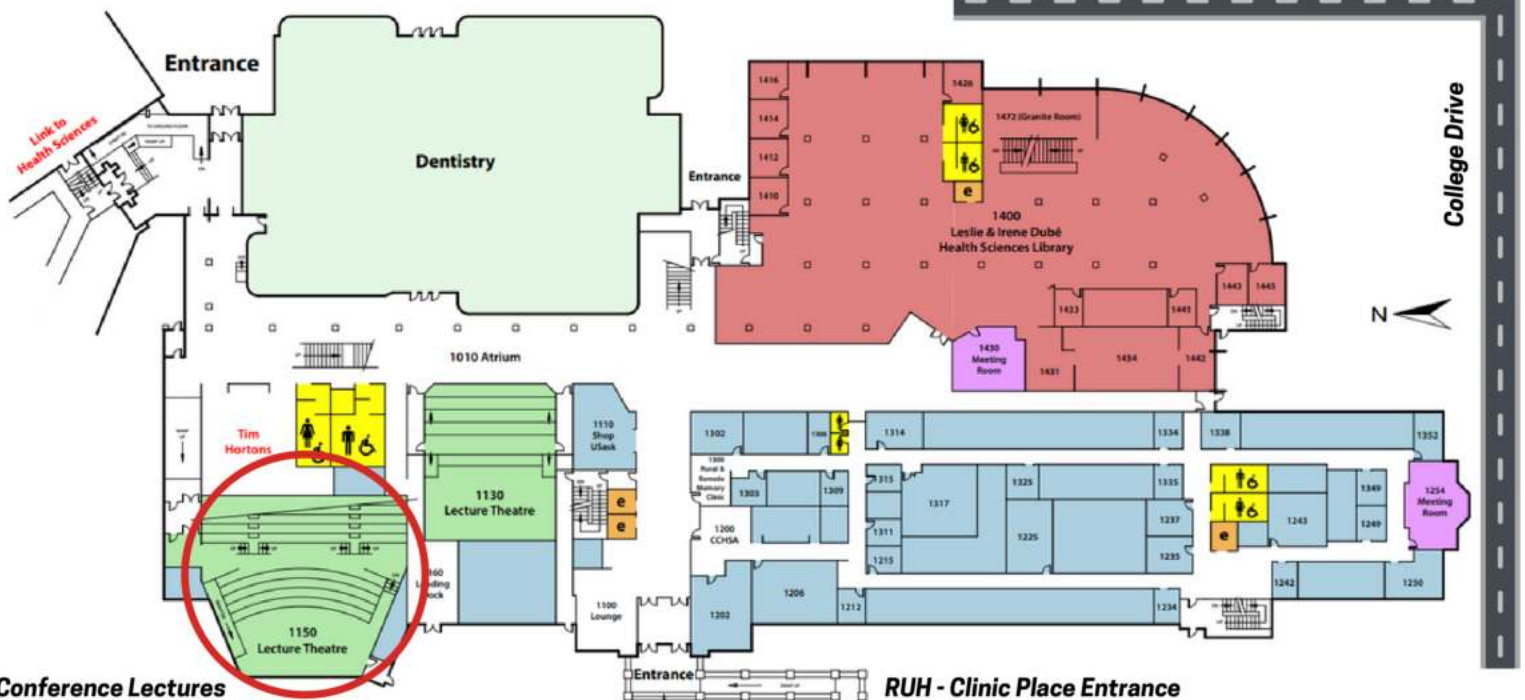
Hours of Operation: 7:15 AM to 9:00 PM
Call 306-954-1250 for service

(Subject to availability)

HEALTH SCIENCES E-WING MAP

Dental Court Entrance

Wiggins Road



Conference Lectures
Health Sciences E-Wing - Room 1150

RUH - Clinic Place Entrance

EVENT LOCATIONS THROUGHOUT THE CITY

WELCOME RECEPTION

LB Distillers - 814 47th St E



PARKING -
There is ample parking around the building and free street parking.



HIGHLIGHTS BANQUET

Delta Bessborough, Adam Ballroom
601 Spadina Cres E



PARKING - Paid parking is available in the lot adjacent to the hotel.

Street parking runs along all downtown streets and is free after 6:00 PM on Saturdays.

SILENT AUCTION

HOSTED AT THE HIGHLIGHTS BANQUET

With local Saskatchewan artisan and commercial merchandise up for bid, you can support two amazing causes and go home with incredible winnings!

Funds raised will be directed to:

Surgical Skills Lab

As the only training facility of its kind in Saskatchewan, you can help provide the latest in surgical equipment, instrumentation and simulation experience to the College of Medicine community. This fund also allows us to offer training courses that expertly combine academic theory and medical practice to improve patient health.

Reunion Medical Student Bursary

Providing financial support to one or more students pursuing a Doctor of Medicine degree who have financial need. This annually awarded bursary has been solely funded by alumni donors through funds raised at Highlights in Medicine.

SUPPLEMENTARY ACTIVITIES FOR YOU AND YOUR GUESTS



TOURS - THE NEW AGE OF A MEDICAL EDUCATION

Surgical Skills Lab

A first in Highlights in Medicine history - Experience the newly complete Surgical Skills Lab in the College of Medicine before student and resident learners. With curricula currently being prepared, students of the College of Medicine will begin using this space in Fall of 2023.

The lab is equipped with a full range of surgical instrumentation and state of the art equipment for minimally invasive procedures and is ready to facilitate realistic surgical simulation and procedural training as well as creating the environment for surgical innovation.

Clinical Learning and Resource Centre

With an average of over 70,000 learner contact hours supported each year, the CLRC has evolved into a super-sized simulation centre dedicated to providing healthcare students the opportunity to learn and practice clinical and communication skills in a safe, simulated environment.

MED STUDENT RESEARCH SYMPOSIUM

Presented by the Dean's Summer Research Projects participants Igniting a passion for research and promoting an understanding of the vital role research plays in health care today, the Dean's Summer Research Projects program acts to facilitate exposure to scientific research and foster skills for students. Engage with current and past participants, tour research displays and learn about today's breakthroughs affecting change for tomorrow.

FAMILY FOCUSED ACTIVITY - TO THE ZOO!

Saskatoon Forestry Farm and Zoo

Find yourself eye-to-eye with native prairie animals, exotic reptiles, birds of prey, monkeys and more as you explore the Saskatoon Forestry Farm Park & Zoo. Bus transportation will be provided to and from - Bus will pick up guests from Louis' and drop off at the Health Sciences Building. (please consult map)



PEER TO PODIUM LECTURE SERIES - ONE

DR. ALANNA BAILLOD

*Positive Psychiatry
and Successful Aging*



Bio of Dr. Alanna Baillod:

Dr. Baillod is a Geriatric Psychiatrist and an Assistant Professor in the Department of Psychiatry at the University of Saskatchewan. She completed her MD and Psychiatry residency at USASK and completed her Geriatric Psychiatry subspecialty training at the University of Ottawa.

Dr. Baillod has been in clinical practice since 2014. Her current practice includes long-term care consultation, community outreach to seniors' homes, outpatient psychiatry, and neurostimulation. Dr. Baillod is also interested in medical education and is currently the Psychiatry Clerkship Director, the residency program Competence Committee Chair, and the Assistant Program Director for the Psychiatry residency program. Dr. Baillod has been a member of the RCPSC Geriatric Psychiatry Examination board for several years and became the Co-Chair of the Examination board in January 2023.

Learning Objectives:

- Define successful aging
- Identify factors that influence successful aging
- Describe interventions that may favourably influence aging
- Describe the role of positive psychiatry in successful aging

Notes:

PEER TO PODIUM LECTURE SERIES - THREE



DR. SCOTT MCLEOD

Regroup; Recharge; Refocus

Bio of Dr. Scott McLeod:

Scott McLeod is the Registrar of the College of Physicians & Surgeons of Alberta (CPSA) – the licensing and regulatory body for Alberta doctors and the past president of the Federation of Medical Regulatory Authorities of Canada (FMRAC).

He received his MD from the University of Saskatchewan in 1993, and went on to complete his family medicine residency in Regina. He was granted his CCFP in 1995. He also completed a specialty in Aerospace medicine with the US Air Force in 2005. He has a Master of Public Health from the University of Texas and a Master of Public Administration from the Royal Military College of Canada.

Prior to joining the CPSA, Scott spent just under 27 years with the Canadian Armed Forces, where he led health care teams, planned, developed, and executed strategic, operational and tactical level plans in a wide variety of health fields. During his years of service, he had three operational deployments and lived and worked in multiple provinces and countries. He retired as the Deputy Surgeon General in 2017.

Learning Objectives:

- How different journeys through our careers will shape us as physicians and as people.
- Appreciate of the importance of personal health and wellbeing along their own journey.
- Appreciate the impact of leadership on the wellbeing of those in the health system.
- Understand the difference between having 20 years of experience and having 20 years of the same experience.

Notes:

CLARA AND FRANK GERTLER LECTURESHIP IN MEDICINE

DR. JAMES DOSMAN

**Housing Conditions in
First Nations Communities:**
Breathing, Sleeping, Being



Bio of Dr. James Dosman:

Dr. Dosman earned his MD from the University of Saskatchewan in 1963 and was a family doctor in Saskatoon before specializing in Respiratory Medicine. In 1975 Dr. Dosman became founding Head of the Division of Respiratory Medicine, in 1986 founding Director of the Centre for Agricultural Medicine, in 2006 founding Director of the Canadian Centre for Health and Safety in Agriculture, and in 2011 established the National Agricultural Industrial Hygiene Laboratory, all at the University of Saskatchewan. He was the founding Co-chair of the Canadian Rural Health Research Society. He established the Agricultural Health and Safety Network in Saskatchewan, a farm safety program involving 30,000 families. He worked with the International Labour Organization of the United Nations in establishing an International Code of Safe Practice in Agriculture. From 2005 to 2009 he served on the Canadian Nuclear Safety Commission. In 2007 he was instrumental in founding and is currently President and CEO of Agrivita Canada Inc. In 2013 he completed the American Board of Internal Medicine exams to become Certified in Sleep Medicine. He continues an active medical practice in sleep medicine and research in health and safety of rural and indigenous populations, CIHR (2021).

Learning Objectives:

- To learn more about the opportunities involved with working with First Nations communities.
- To learn about the OCAP principles of doing research with First Nations communities:
Ownership, Control, Acquisition and Possession of data.
- To learn more about issues involved with housing and health among First Nations people.
- To learn about efforts that First Nations are making in this area.

Notes:

DR. ANITA CHAKRAVARTI LECTURESHIP IN HEALTH AND WELLNESS



DR. ANITA CHAKRAVARTI

How Do We Achieve Wellbeing Now?

Building Connection, Compassion
and Community

Bio of Dr. Anita Chakravarti:

Dr. Anita Chakravarti is a professor and Wellness Lead at USASK Continuing Medical Education and a member of the Department of Anesthesiology, Perioperative Medicine and Pain Medicine, and Associate Faculty at the Centre of Integrative Medicine.

In addition to providing services in Clinical Anesthesiology, Intensive Care and the St. Paul's Hospital Pain Clinic, she was the first Medical Director of the Saskatoon Chronic Pain Center. Dr. Chakravarti was on the National Task Force to have Pain Medicine recognized as a subspecialty of the Royal College of Physicians and Surgeons of Canada, Co-Chair of the Pain Education Committee of the Canadian Pain Society and Medical Advisor to the Canadian Pain Coalition. Dr. Chakravarti is a board member of the Saskatchewan Pain Society.

Dr. Chakravarti is a certified Facilitator and Faculty of Mindful Practice * which incorporates mindfulness, narrative medicine and appreciative inquiry, and wellness and mindfulness sessions and keynotes. Dr. Chakravarti is C.E.O. of [M] Power Mindful Professional Practice.

Learning Objectives:

- Summarize the literature for healthcare provider wellness and discuss links to patient care and safety, sustained optimal performance and society.
- Discuss wellbeing in context of individual, organizational, systemic, and cultural systems.
- Describe evidence-based strategies to increase connection, communication, and collegiality by promoting a culture of support, trust, respect, and compassion.

Notes:

GIVING BACK

TO CREATE A BEAUTIFUL
FUTURE FOR THE NEXT
GENERATION OF PHYSICIANS



Class Giving

Class giving is alumni-driven fundraising that provides financial support to students so that they can reach their potential in medicine. Class giving is one of the best ways for medical alumni to unite to fund scholarships that will attract the best and brightest students to our medical school.

Student Awards

The average medical student will graduate with \$100,000 of debt. We have a limited amount of bursaries for our students, but we can do better! By supporting student awards, you are giving students with the greatest financial need the time to study and to make career decisions based on their interests and abilities, rather than on their debt level. You are helping students during a time when they need it most, and they are truly grateful for your support.

Research

Your charitable gift will enable our research teams to continue their efforts to decrease chronic disease burden including cancer, multiple sclerosis, heart disease, stroke, and Alzheimer's. Exciting work is happening around understanding and improving indigenous health, preparing for the next pandemic and studying infectious diseases. Our donors and alumni are driving that work through generous philanthropic investments back to the USASK College of Medicine.

Have questions, connect with us today!

There are numerous ways to give to the USASK College of Medicine, including gifts of cash, giving through your will, memorial gifts, matching gifts, and gifts of securities and real estate. Reach out to our Advancement Team for more information on current opportunities.

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Dr. Jim Cross
... and more



39TH ANNUAL

HIGHLIGHTS IN MEDICINE

CONFERENCE AND REUNION



- SAVE THE DATE -
June 20-22, 2024



*With a special nod to the following
honoured alumni classes:*

Class of 1954 - 70th year reunion
Class of 1959 - 65th year reunion
Class of 1964 - 60th year reunion
Class of 1969 - 55th year reunion
Class of 1974 - 50th year reunion
Class of 1979 - 45th year reunion
Class of 1984 - 40th year reunion
Class of 1989 - 35th year reunion
Class of 1994 - 30th year reunion
Class of 1999 - 25th year reunion
Class of 2004 - 20th year reunion
Class of 2009 - 15th year reunion
Class of 2014 - 10th year reunion
Class of 2019 - 5th year reunion



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