

## Why be on a CME/Fac Dev Planning committee?

- It can be **fun** and it is great to **have a say in how** and what goes into a continuing professional development program.
- Breaking up clinical time and getting involved in teaching and learning programs such as CME and Faculty Development – **helps with resilience** and prevents burnout.
- Being an active learning community is a **recruitment tool**. It also can help with retention if you are in an area that needs new docs.
- It is **not a lot of your time**. There are a few meetings – all of which can be done over the phone or through WebEx. These meetings are very action oriented to give us direction but the leg work is done by our offices and staff. You will see things get done!
- You can **tailor content to meet the needs** of your population here in SK. We all want to make sure that our patient outcomes are the best they can be.
- You get to **meet and work with colleagues**, both specialists and inter-professional colleagues, on these planning committees – a nice break from our usual clinical interactions. A great way to make connections!
- You get to have a say on when things happen – **coordinate events** so that what is happening would be helpful to everyone and not adding to the conflicts and duplication the pull us in so many directions.
- You can ensure programs actually **meet the real needs** that you hear from your colleagues for their continuing professional development so that sessions are practical, useful AND geared to what SK docs need to care for SK patients using SK resources and teaching SK students in SK locations!
- You can grow the types of programs that you really want to attend and would find fun to **network** with colleagues across the province and with the specialists you consult. Planning committees look at the social side of things as well!
- You can **claim Mainpro/MOC** for the time on the committee and for the event!
- As a CME planning committee member you get **free registration** to the event! This can amount to hundreds of dollars of savings to you for your involvement.

- You can add FD/ CME planning committee work to **your CV/resume** for future considerations if you decide you would like to go for a faculty promotion or when you apply for a position in the future. You never know...
- You can **learn new things!** There is lots of information that comes up at a planning committee level that can inform areas you may find helpful at the practice level or when teaching. This might include new ways of doing things, new technology, new online resources or new consultants or services available in that content area.
- **Giving back** is also a reason to be involved. We all have to do CPD (CME/ FD) to meet our study credits and we attend functions where others have made this commitment. Taking a turn helps us as a profession to meet our collective responsibilities.

We need your help. Take a break from your usual routine and join a meeting that matters and will get stuff done and have some fun while getting ahead of your CPD! We welcome and value your input which is crucial to making your CPD the best you can get anywhere.