

Recommended Resource List:
**Teaching Medical Students and Family Medicine
Residents in Clinical Settings**

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General Resources to Sign-up for to Receive Regularly

Needless to say you don't want to get on too many listservs or email newsletter lists but these are ones I have found particularly helpful for staying up-to-date clinically. You can sign up and get regular updates through email for:

- **Tools for Practice** from the Alberta College of Family Physicians website (more details below and is now also sent out through the SCFP)
- **Info POEMS** from the CMA website under clinical updates (need log in and sign up; link below)
- IHI – for practice improvement/quality improvement (can sign up at their website); mostly if you are interested in the practice management side of things, QI, etc.
- AHQR – also a US site but has information of quality improvement, patient education and practice change <https://www.ahrq.gov/>
- Best Advice Guides - <https://patientsmedicalhome.ca/resources/best-advice-guides/>
- **Therapeutics Initiative** from UBC – great newsletter <https://www.ti.ubc.ca>
- **Centre for Effective Practice** which provides evidence based resources for family medicine/primary care. <https://cep.health/tools/> designed by and for FP's and patients.
- To help get patients off medications with great resources to help <https://deprescribing.org/>
- A great EBM resource from Alberta for FP's: <https://peerevidence.ca/physician-tools/>

For good Clinical Practice Guidelines remember the following and think critically (see Jim Dickinson's article in CFP - <http://www.cfp.ca/content/64/5/357>)

- A new resource from SPOR research has created a large database of CPG's – a great collection can be found at <https://sporevidencealliance.ca/cpg-database/>
- Ideally you want **Canadian CPG's** – through CMAJ, Can. Taskforce on Preventive Health Care, Alberta (Towards Optimal Practice)TOP <http://www.topalbertadoctors.org/cpgs/> ; good UK guidelines can be found through NICE <https://www.nice.org.uk/>
- CPG's should be developed with strong family physician involvement; not specialist driven or specialty society guidelines related to primary care that have no family medicine input
- There should be no industry involvement; look for where it might be present and the impact on the results (an example of industry involvement is in the Diabetes Guidelines)
- The strength of the evidence should be clearly described including where it is lacking
- There should be patient tools/aids/education materials provided that support the evidence but are written appropriately for patients (numeracy and literacy considered, etc.)

See the list of general topics with some favourites/ or most used CPG's and those at the recommended sites.

Family Medicine – General Resources (in random order)

- Access to **Dynamed** – go through USask library or through CMA
- PEPID can be accessed through the SK Health Authority; get off site access
- **Best Science Medicine** (with Dr. Mike Allen and James McCormick from UBC's TI)
<https://therapeuticseducation.org/bs-medicine-podcast>
- **The Centre for Effective Practice** – <https://cep.health/> - several excellent resources on common problems such as insomnia, headache, back pain, opioids, COVID, etc.
- CHEP guidelines <http://guidelines.hypertension.ca/>
- CDA guidelines <https://guidelines.diabetes.ca/cpg>
- COPD evaluation/management based on GOLD guidelines <https://goldcopd.org/gold-reports/>
- Depression guidelines and screening tools <https://www.canmat.org/resources/>
- **Tools for Practice** – Alberta College of Family Physicians <https://acfp.ca/cpd-cme/programs/about-tools-for-practice/>
- **Info POEMS** through the CMA/Joule (sign in required); scroll to find POEMS by Essential Evidence Plus <https://joulecma.ca/evidence>
- Canadian Family Physician journal including their video series with great intro to common procedures <http://www.cfp.ca/>
- **PBSGL modules from the Foundation for Medical Practice**; free access for residents.
<http://fmpe.org/>
- CPG's CFPC link <http://www.cfpc.ca/ClinicalPracticeGuidelines/> and their webinars at <https://www.cfpc.ca/en/education-professional-development/practice-tools-guidelines/clinical-live-stream-webinars>
- Ontario's College of Family Physician clinical resources
<https://ontariofamilyphysicians.ca/supports-for-family-doctors/>
- CFP references such as for Simplified Lipid guidelines
<http://www.cfp.ca/content/61/10/857.full.pdf+html>
- **TOPS** (Alberta CPGs for primary care) <http://www.topalbertadoctors.org/cpgs/>
- **BC Guidelines**
<http://www2.gov.bc.ca/gov/content/health/practitioner-professional-resources/bc-guidelines>
- Mike Evans videos - my favourites to use with patients especially for PSA testing
<https://www.youtube.com/user/DocMikeEvans>
- American Family Physician <http://www.aafp.org/journals/afp.html>
- CMA Drivers Guide – on line but have to sign in to the CMA site; can be downloaded
<https://www.cma.ca/En/Pages/drivers-guide.aspx>
- **Choosing Wisely Canada** – Resources/toolkits/webinars <https://choosingwiselycanada.org/>
- **Red Whale** resources from the UK have great summaries – all pharma free:
https://www.gp-update.co.uk/updates#upd_update_nid_801

Addictions and Chronic Pain

- This AFMC e-primer was developed for UGME but has good basic content and a number of case vignettes and studies that may be useful at the PG level.
 - <https://www.afmc.ca/resources-data/education/e-learning/>
 - <https://www.afmc.ca/opioids/>
- MetaPhi and the CAMH tool kit are good Family Medicine practice tools.
 - www.porticonetwork.ca
- Both BC and Alberta have archived their Opioid Agonist Therapy training on-line and expanded the content to cover addiction more broadly.
 - <https://www.albertahealthservices.ca/info/Page16083.aspx>
- BC online course: Is available for non BC physicians: Provincial Opioid Addiction Treatment Support Program (POATSP) which is accredited and free
 - <https://ubccpd.ca/course/provincial-opioid-addiction-treatment-support-program>
- This is the online course recommended by the CPSS for buprenorphine/naloxone prescribing. This plus a full day of Addiction Medicine exposure is all that is required for prescribing.
 - <https://www.suboxonetrainingprogram.ca/en/>
- The CFPC has an open access site for Alcohol Screening, Brief Intervention and Referral. It has not integrated anti-craving medication however, which would greatly increase the efficacy of Family Medicine care and support. <https://www.cfpc.ca/CFPC/media/Resources/Addiction-Medicine/2017-11-15-PCP-pocket-guide.pdf>
- The Canadian Society of Addiction Medicine, Canadian Centre on Substance Use and Addiction, American Society of Addiction Medicine and US National Institute on Drug Abuse are all good resources.
 - <https://csam-smca.org/>
 - www.ccsa.ca
 - www.asam.org
 - <https://nida.nih.gov/>
- For recovery support and to engage people in the efficacy and beauty of this work look at
 - www.aa.org
 - <https://www.facesandvoicesofrecovery.ca>
 - <https://breakthebarrier.ca>
- McMasters Opioid Manager
 - <http://nationalpaincentre.mcmaster.ca/opioidmanager/>
- New Guidelines – Separate extensive list available from Dr. MacLean; also go to Rx Files
- Also note – Pain and Addictions conference through USask CME or in your province

Care of the Elderly

- <http://www.canadiangeriatrics.ca/>
- <http://geri-em.ca>

COVID-19 Resources

- **Choosing Wisely Canada** and their partners, such as the **Public Health Agency of Canada and Health Canada**, are providing evidence-based information about [COVID-19](#)
- **CMAJ** on COVID-19: [Five things to know about quarantine](#)
- **College of Family Physicians of Canada**: COVID-19 information and resources continue to be posted on the [CFPC website](#).
- **NEJM.org** has created a special page with a collection of articles and other resources on the Covid-19 outbreak, including clinical reports, HealthMap of the outbreak, management guidelines, and commentary. <https://www.nejm.org/coronavirus>
- **Osmosis** has produced this repository of the free material about COVID-19 that may be helpful to you and all your students. Check out this [page](#).
- **Osmosis - COVID-19: What You Need to Know as a Health Professional (1 CME) Enroll in the Free Course** [here](#)
- COVID-19 Guidelines are now available for all of Saskatchewan through the **Spectrum mobile app**, which is free for all to download from the App Store or Google Play.
 - For more information, please visit: spectrum.md/saskatoon
 - If you have any questions or concerns, please feel free to reach out and contact peermohamed@saskhealthauthority.ca
- **Therapeutics Initiative** has provided sources of information on some COVID-19 related topics that may be useful to those who treat patients and offer medical advice. [Click here to view their list of links](#) for emerging evidence and clinical recommendations. They have also posted a ['common sense review'](#) about treating fever and pain with acetaminophen vs. NSAIDs during the COVID-19 pandemic.
- **USask Division of Continuing Medical Education site on COVID** <https://cmelearning.usask.ca/covid-19/covid-19-information.php>

Deprescribing

- Deprescribing (Canadian) <http://deprescribing.org/>
- Tapering Opioids: <http://www.rxfiles.ca/rxfiles/uploads/documents/Opioid-Tapering-Newsletter-Compilation.pdf>
- Tapering opioids patient booklet: <http://www.rxfiles.ca/rxfiles/uploads/documents/Opioid-Patient-Booklet-Taper-RxFiles.pdf>
- Geri-RxFiles - Tapering Medications Section - detailed discussion of how to approach <http://www.rxfiles.ca/rxfiles/uploads/documents/members/GeriRxFiles-Tapering-EXCERPT-TwoPages.pdf>
- General overview of deprescribing in older adults: <http://www.rxfiles.ca/rxfiles/uploads/documents/members/Geri-RxFiles-Intro.pdf>
- Deprescribing Proton Pump Inhibitors: Evidence-based clinical practice guideline published in Canadian Family Physician Vol 63,May2017 <http://www.cfp.ca/content/cfp/63/5/354.full.pdf>
- Deprescribing Benzodiazepines CFP 2018 article <http://www.cfp.ca/content/64/5/339>
- RXFiles (Saskatchewan) on Deprescribing PPIs: <http://www.rxfiles.ca/rxfiles/uploads/documents/PPI-Deprescribing-Newsletter.pdf>
- BC Provincial Academic Detailing program, [Proton Pump Inhibitors in Primary Care](#), January 2015.
- Alberta College for Family Physicians: Tools for Practice. [Proton Pump Inhibitors \(PPIs\): Is Perpetual Prescribing Inevitable?](#)

Dermatology

- DermNetNZ - <https://www.dermnetnz.org/>

Emergency Medicine

- Tintinellis's **Emergency Medicine Text**
- **trekk** – Translating Emergency Knowledge for Kids <https://trekk.ca/>
- **FOAMed** <https://emergencymedicinescases.com/about/foamed/>
- See podcast list above
- Through the Royal College https://navme.royalcollege.ca/EN/index.shtml?utm_source=covid-19&utm_medium=resource-page&utm_campaign=fellowship

Exercise

- Exercise is Medicine <http://exerciseismedicine.org/canada/>
- <https://www.caringforkids.cps.ca/active-kids/active-actifs>
- Rx files has an Exercise Script <https://www.rxfiles.ca/rxfiles/uploads/documents/Exercise-RxFiles-Rx.pdf>

GI

- https://www.specialistlink.ca/files/Hepatology_NAFLD_Pathway.pdf

GYNE

- <https://www.itsaplan.ca/> - language level is too high; patient decision aid on contraception
- SOGC Resources including CPG's are now for members and not available on line – try your library

Immigrant Health

- <https://www.ccirhken.ca/>

Immunizations

- Immunization and vaccines (Health Canada)
<http://healthycanadians.gc.ca/healthy-living-vie-saine/immunization-immunisation/index-eng.php>
- Canadian Immunization Guide(Health Canada)
<http://www.phac-aspc.gc.ca/publicat/cig-gci/index-eng.php>
- National Advisory Committee on Immunization (Health Canada) Updates
<http://www.phac-aspc.gc.ca/naci-ccni/index-eng.php#rec>
- Immunization – Recourses for Health Professionals (B.C.)
<http://www.bccdc.ca/health-professionals/clinical-resources/immunization>

Infectious disease

- Go to PHAC – Public Health Agency of Canada and CDC in the US
- See Provincial Public Health notices
- Check out the **SPECTRUM app** for guidelines, sensitivity reporting for your area:
<http://www.spectrum.md/>

LGTBQ+

- <https://guides.library.queensu.ca/lgbtq-health/web-resources>
- <https://www.rainbowhealthontario.ca/>
- A toolkit for LGBTQ patient care (US) https://ir.library.louisville.edu/medicine_ume/1/
- Trans BC has a recommended site: <http://www.phsa.ca/transcarebc/health-professionals>

Medications

- **Rx Files** (hard copy in all the FM clinics, via subscription online, can also purchase as an app) <http://www.rxfiles.ca/rxfiles/>
- **Therapeutic Choices** is a book on our team CTC 2019; lots of great hints on hx, PE and both nonpharmacological and pharmacological approaches to common conditions
- **Bugs and Drugs** <http://www.dobugsneeddrugs.org/health-care-professionals/>
- Guide to Community Infections
<http://www.mumshealth.com/guidelines-tools/anti-infective>
- **MedSask** has useful information <https://medsask.usask.ca/index.php>
- Dalhousie University College of Pharmacy - A useful drug and health information resources guide that lists many useful resources all in one place. <http://dir.pharmacy.dal.ca>.
- RxTx - On the HSL databases page (free access for students). It includes the CPS, Lexi-Interactions, Therapeutic Choices, and Minor Ailments. There is also a CME program you can sign up for based on the therapeutics chapters/topics through the CFPC which you have access to as a member. <http://www.library.mun.ca/hsl/dbases/>
- Natural Medicines – includes evidence-based information about food, herbs & supplements. Also has an interaction check to screen for interactions between natural medicines and conventional medications. On the HSL databases page (free access for students) <http://www.library.mun.ca/hsl/dbases/>
- LexiComp online – contains drug monographs, interactions, toxicology, and patient information. On the HSL databases page (free access for students). Lexi app also available (requires a subscription). <http://www.library.mun.ca/hsl/dbases/>
- When are drugs covered? <https://www.saskatchewan.ca/residents/health/prescription-drug-plans-and-health-coverage/extended-benefits-and-drug-plan/saskatchewan-drug-plan>
- The NNT - Can look up the NNT based on the evidence <http://www.thennt.com/>

- Canadian guideline for safe and effective use of opioids for chronic non-cancer pain. Includes the opioid manager. <https://npc.healthsci.mcmaster.ca/guidelines/>
- CredibleMeds. For list of QT drugs and risk of prolonging QT (free, but requires registration). <https://crediblemeds.org/>
- MedEffect Canada Can search for recalls and safety alerts, report adverse drug reactions. Free access. <http://www.hc-sc.gc.ca/dhp-mps/medeff/index-eng.php>.
- Micromedex – contains monographs, toxicology info (requires subscription) www.micromedexsolutions.com/home/dispatch
- Health Canada Drug Product Database – can find monographs for all medications available in Canada (note: especially useful if can't find monograph in CPS, as CPS does not list all monographs). Can also search for discontinued products. Free access. www.hc-sc.gc.ca/dhp-mps/prodpharma/databasdon/index-eng.php
- SwitchRx – adjust psychotherapeutic meds <https://switchrx.ca/>
- Therapeutics Initiative UBC www.ti.ubc.ca ; great newsletter to sign up for
- The cost of meds is done through <https://pricingdoc.acfp.ca/>; an Alberta resource but good
- Briggs' Drugs and Pregnancy and Lactation: Text book also available as an app; free version of app available.

Ortho

- <https://www.orthobullets.com/>
- Foot and Ankle site <https://www.saskfootankle.com/common-problems.html>

Palliative Care Resources

- The LEAP program by Pallium and the accompanying Pallium pocketbook are key resources.
- See Opioid Manager for treatment of non-cancer related pain

Patient Education

- Best Advice Guide: Health Literacy in the Patient's Medical Home <http://patientsmedicalhome.ca/resources/best-advice-guides/best-advice-guide-health-literacy-patients-medical-home>
- AHRQ Health Literacy Universal Precautions Toolkit <http://www.ahrq.gov/professionals/quality-patient-safety/quality-resources/tools/literacy-toolkit/index.html>
- Patient Decision Aids <https://decisionaid.ohri.ca/>

Pediatrics/Well child care

- Rourke Baby Record <http://www.rourkebabyrecord.ca/>
- CPS statements etc. <http://www.cps.ca/documents>
- Dr. Pat advice / Strongest Families <https://pediatric-pain.ca/faculty/mcgrath/CRFH/>
- ADHD Guidelines at CADDRA <https://adhdlearn.caddra.ca/wp-content/uploads/2022/08/Canadian-ADHD-Practice-Guidelines-4.1-January-6-2021.pdf>
- Peds Cases: <http://www.pedscases.com/>

Podcasts:

- Primary Care RAP (Reviews and Perspectives) <https://www.hippoed.com/pc/rap/>
- Ercast.org Rob Orman <https://home.hippoed.com/em/ercast?hsLang=en>
- EMRAP –for Emergency Medicine: Reviews and Perspectives; searchable <https://www.emrap.org/>
- Broomedocs – Casie Parker; is a rural doc in Western Australia; EBM <http://broomedocs.com/category/podcast/>
- Key Lime Podcasts from the RCPSC – on Medical Education: <https://keylimepodcast.libsyn.com/>
- Best Medicine - BSMedicine <https://therapeuticseducation.org/bs-medicine-podcast>
- Ken Milne – Skeptics guide <http://thesgem.com/>
- Dr. Kilrew Podcasts Sioux Lookout <https://directory.libsyn.com/shows/view/id/siouxlookoutareadocs>
- Surgery 101 U of A <http://surgery101.org/>
- Canadian Family Physician <https://cfppodcast.libsyn.com/> with some good clinical topics

Physical Exam

- Bates (There is a hard copy of the current edition in the clinic)
- JAMA - the rationale clinical exam series <http://jama.jamanetwork.com/collection.aspx?categoryid=6257>
- Derm text such as Habif Clinical Dermatology
- Suttan, E. A Primer on Musculoskeletal Examination, 2nd ed.
- Thessaly Test YouTube Demo https://www.youtube.com/watch?v=84pZh0n_rMg
- Epley Maneuver YouTube Demo <https://www.youtube.com/watch?v=7ZgUx9G0uEs>

POCUS

- www.Edsonoshare.ca
- www.Sasksonic.com

Practice Management

- Patients Medical Home site with Best Advice Guides
<https://patientsmedicalhome.ca/resources/best-advice-guides/>
- Transitioning to practice <https://www.cma.ca/physician-wellness-hub/resources/career-transitions/easing-your-new-practice-after-residency-tips-success>
- CMPA Good Practice
<https://www.cmpa-acpm.ca/serve/docs/ela/goodpracticesguide/pages/index/index-e.html>
- Practice Management resources – Dr. MacLean
- New in Practice Guide – Joule <https://www.cma.ca/resources/learning>
- Practice Management Modules <https://joulecma.ca/learn/practice-management-curriculum>
 - Electronic medical records
 - Evaluating practice opportunities: family medicine
 - Evaluating practice opportunities: specialists
 - Financial planning
 - Getting started as a professional
 - Physician remuneration options
 - Personal and professional accounting and taxation
 - Personal and professional insurance
 - Legal issues for physicians
 - Medical records management
 - Negotiating a mutually beneficial locum contract
 - Principles of negotiation
 - Staffing and human resources
 - Starting your practice on the right foot
 - Setting up your medical or clinical office
- American Family Practice Toolkit <https://www.aafp.org/fpm/toolBox/viewToolBox.htm>
- CFPC First Five – Recommended Practice Management resources
<https://firstfiveyears.ca/national-resources/>
- SMA Billing Guide https://www.sma.sk.ca/?page_id=3348
- CMPA Good Practices Guide
<https://www.cmpa-acpm.ca/serve/docs/ela/goodpracticesguide/pages/index/index-e.html>
- Rdocs of Canada <https://residentdoctors.ca/areas-of-focus/practice-management/>
- CFPC Patients Medical Home site with Best Advice Guides
<https://patientsmedicalhome.ca/resources/best-advice-guides/>
- USask Faculty Development Virtual care guidelines
https://medicine.usask.ca/facultydev/clinical_resources/virtual-care.php

Prenatal/Pregnancy and Breastfeeding

- Obstetrics resource <http://evidencebasedbirth.com>
- ALARM text/materials/ other SOGC Resources (require membership and are no longer open access)
- NL Breastfeeding toolkit and links for BF resources across Canada <https://babyfriendlynl.ca/support/health-care-professionals/>
- Briggs' Drugs and Pregnancy and Lactation: Text book also available as an app; free version of app available.
- American Congress of Obstetricians and Gynecologists - Contains good instructional resources and videos www.acog.org
- Motherisk (free) <http://www.motherisk.org/women/drugs.jsp>
- MotherToBaby (free) <http://www.mothersbaby.org/>
- For meds and breastfeeding consult Lactmed <https://www.ncbi.nlm.nih.gov/books/NBK501922/>

Prevention

- Canadian Task Force on Preventive Care <http://canadiantaskforce.ca/>
- Doc Mike Evan's – Do More Screening Tests Lead to Better Health? <https://choosingwiselymanitoba.ca/patients/>
- Why you don't need an annual exam <http://www.choosingwisely.org/patient-resources/health-checkups/>
- Stroke Prevention in Atrial Fibrillation Risk Tool. A Fib and Stroke risk are for one year (not like most which go over a 10 year risk); know CHAD score; can use the frequency tables that include the risk of taking med (i.e. warfarin) versus not being on it. <http://www.sparctool.com/>
- For CV Disease - Canadian version through Mike Allen <https://www.cfp.ca/content/cfp/61/10/857.full.pdf>
- Bone Health Choice – Mayo Clinic Osteoporosis Decision Aid; <https://osteoporosisdecisionaid.mayoclinic.org/>
- OST tool for getting a bone mineral testing if you take the patients weight in kg - age and if the result is over 10 – you don't need to do a BMD test.
- Dickinson, J et al. "Screening: when things go wrong," **Canadian Family Physician** 64: 502-508, July, 2018. Grad, R et al. "Shared Decision Making in Preventive Health Care," **Canadian Family Physician** 63: 682-684, September, 2017.
- CADTH website – smoking cessation information, etc. <https://cadth.ca/>

Professionalism

- Allen, T., Bethune, C., Brailovsky, C., Crichton, T., Donoff, M., Laughlin, T., Wetmore, S. (2010). *Defining competence for the purposes of certification by the College of Family Physicians of Canada*. Mississauga: The College of Family Physicians of Canada. (Key Resource); CFPC resource at <http://www.cfpc.ca/uploadedFiles/Education/Professionalism.pdf>

Procedures

- Procedures text such as Mayeaux The Essential Guide to Primary Care Procedures
- CFP videos for common procedures such as on the use of cryo
<http://www.cfp.ca/content/by/section/Video%20Series>
- CliniSnips - videos on procedures on YouTube <https://www.youtube.com/user/CliniSnips>
- “The Occasional...” -articles in The Canadian Journal of Rural Medicine accessible through the U of S Library – search the journal site for these articles on multiple common topics many on procedures such as “The occasional vertical mattress suture” or recently on “The occasional nasal foreign body”

Sports

- Canadian Concussion Collaborative guidelines
<http://casem-acmse.org/education/cc/>

Tests/DI

- Choosing Wisely <http://www.choosingwiselycanada.org/>
- Therapeutics Education Collaboration podcast listings <https://therapeuticseducation.org/>
- Tools for Practice <https://www.acfp.ca/tools-for-practice/>
- Lab tests information <https://labtestsonline.org/>
- Naugler’s book on Lab Literacy for Canadian Doctors
- Laboratory tests, interpretation, and use of resources article by Naugler
<http://www.cfp.ca/content/60/3/e167.full.pdf+html>
- Costs of Tests – CFP article Add to the cart? <http://www.cfp.ca/content/61/11/937.full.pdf+html>

Travel

- Travel Health (Health Canada) <https://www.canada.ca/en/public-health/services/travel-health.html>
- Travelers' Health (CDC U.S.) <http://wwwnc.cdc.gov/travel>

Wound Care

- <https://www.woundscanada.ca/>

What the residents are using for Exam Prep

(See podcast list)

- Resources linked to the 99key features (MUN) resource are available such as <http://99prioritytopicsguidelines.weebly.com/>
- See handout "Not Just for SOOs...." + the PCCM text: Stewart M, Brown J.B., Weston W.W., McWhinney I.R., McWilliam C.L., Freeman T.R. Patient-Centered Medicine: Transforming the Clinical Method. 2014 Jan. 3rd Edition, Radcliffe Publishing Ltd, Oxford UK
- CFPC website such as the 105 objectives document: https://portal.cfpc.ca/ResourcesDocs/uploadedFiles/Education/Certification_in_Family_Medicine_Examination/Assessment-Objectives-for-Certification-in-FM-full-document.pdf
- <https://www.drmoore.ca/>
- Simon Moore and Paul Dhillon prep course and <https://www.vitalfmupdate.com/cfpdistilled>
- Western developed an app as a "study buddy" <http://www.familymedicinestudyguide.com/> \$19.99 through the Apple store or Google Play
- Several review courses including - <https://www.thereviewcourse.com/resources>

- Stewart M, Brown J.B., Weston W.W., McWhinney I.R., McWilliam C.L., Freeman T.R. Patient-Centered Medicine: Transforming the Clinical Method. 2014 Jan. 3rd Edition, Radcliffe Publishing Ltd, Oxford UK. All residents need to be exposed to this text early in their residency and have practiced this extensively so it is an automatic practice by the time they do the SOO (simulated office oral) of their CCFP exam.

If you have a favorite site, resource or text that you have found to be particularly useful in practice or when teaching FM content, please email me at cathy.maclean@usask.ca so we can update this list!