

Park & Ride Service Flat Rate: \$45.24 Monthly

Who can use the service?

Access to Park & Ride is limited to SHA staff and individuals authorized by Parking Services only.

How do I apply for Park & Ride?

Application may be made for Park & Ride by attending **in person only** to the Parking Services office at the Regina General Hospital.

You will be required to submit a parking application and will be provided with a “Park and Ride” photo identification card which is required to board buses at Park and Ride locations.

The Parking Services office is located on the main floor beside elevators 5 & 6 near the 15th Avenue entrance.

Parking Services hours of operation are 7:00 a.m. - 11:30 a.m. and from 12:00 p.m. – 3:30 p.m. Monday to Friday.

You may contact Parking Services by calling 766-3799 or by emailing:
ParkingServices@rqhealth.ca

About the SHA Staff Park & Ride service ...

Hours of Operation: Monday to Friday 6:00 a.m. - 9:00 p.m. excluding Stat Holidays. Park & Ride privileges include After Hours access to RGH serviced lots Monday-Friday 2:00 p.m. – 8:30 a.m. and full access on weekends and stat holidays. **After-hours access does include parking in the Pasqua Hospital B (gravel) lot during the same time frames.**

Park & Ride is located at the Conexus Arts Center 200A Lakeshore Drive and 1001 Montreal St.

Dedicated **Park and Ride** and **Inter-facility** staff shuttle buses provide transportation from Park & Ride locations to and from the Regina General Hospital (north staff entrance) and to and from 2110 Hamilton Street (main entrance).

Dedicated **Park & Ride** shuttle buses provide peak time transportation from 06:00 a.m. - 9:00 a.m. and from 3:00 p.m. – 9:00 p.m. Between the hours of 9:00 a.m. – 3:00 p.m. transportation to and from Park & Ride locations is provided by the **Inter-facility** staff shuttle only.

What is the cost of the service?

A flat fee of \$45.24 per month will be deducted from your pay cheque unless you attend to Parking Services and cancel the service.

Cancellation can only be done in person when you surrender your Park & Ride identification card.

Conexus Park and Ride Location

Parking at Conexus Park and Ride

Park & Ride parking at the Conexus Arts Centre is available in any stall not prohibited by sign. Once parked, staff will proceed to the Conexus main entrance where access to the front foyer is provided. Staff may wait in the boardroom located inside the foyer to the right of the main entrance doors. Park & Ride shuttle bus pick up is located at the main entrance. Staff requiring drop off at 2110 Hamilton St must advise the driver.

Returning to Conexus from RGH

Option 1-Refer to **Schedule “A” Dedicated Park and Ride Shuttle Schedule**

Option 2- Refer to **Schedule “B” Inter Facility Staff Shuttle**-Inter Facility **Bus 3** provides transportation to CONEXUS Park and Ride. Inter-Facility Staff Shuttle drivers must be informed that you need to be dropped off at Park and Ride.

Returning to Conexus from 2110 Hamilton

From 7:00 AM – 3:10 PM call the Inter Facility staff shuttle ‘On Demand’ service at **306-552-4635** to arrange for pick up.

From 3:10 PM – 5:30 PM the dedicated “Park and Ride” buses will make scheduled stops at 2110 Hamilton as outlined in **Schedule “A” Dedicated Park and Ride Shuttle Schedule**.

After 5:30 PM call **306-552-4635** to arrange for pick up.

1001 Montreal St. Location

Parking at 1001 Montreal St.

Park & Ride parking at 1001 Montreal St. is located south of the building entering off Montreal St. Your ‘Park and Ride’ ID card is required to board the bus only and does not provide door access. Staff requiring drop off at 2110 Hamilton St must advise the driver.

Returning to 1001 Montreal St. from RGH

Option 1-Refer to **Schedule “A” Dedicated Park and Ride Shuttle Schedule**

Option 2- Refer to **Schedule “B” Inter Facility Staff Shuttle**-Inter Facility **Bus 1 and 2** provide transportation to 1001 Montreal St. Park and Ride. Inter-Facility Staff Shuttle drivers must be informed that you need to be dropped off at Park and Ride.

Returning 1001 Montreal St. from 2110 Hamilton Street

From 7:00 AM – 3:10 PM call the Inter Facility staff shuttle ‘On Demand’ service at **306-552-4635** to arrange for pick up. From 3:00 PM – 5:40 PM the dedicated “Park and Ride” bus will make scheduled stops at 2110 Hamilton as outlined in **Schedule “A” Dedicated Park and Ride Shuttle Schedule**.

After 5:30 PM call **306-552-4635** to arrange for pick up.

Schedule A

DEDICATED PARK AND RIDE SHUTTLE SCHEDULE

1001 Montreal St - North Park and Ride Departures	Conexus Arts Centre- South Park and Ride- 200A Lakeshore Drive Departures
Departing 1001 Montreal St Park and Ride	Departing Conexus Park and Ride
6:00 AM	6:00 AM
6:10 AM	6:10 AM
6:30 AM	6:20 AM
6:40 AM	6:30 AM
7:10 AM	6:40 AM
7:25 AM	7:00 AM
7:50 AM	7:10 AM
8:05 AM	7:20 AM
8:30 AM	7:40 AM
8:45 AM	7:50 AM
9:10 AM	8:00 AM
	8:20 AM
	8:30 AM
	8:40 AM
	9:00 AM
Return to 1001 Montreal St From RGH	Return to Conexus From RGH
3:00 PM-Scheduled stop at 2110 Hamilton	3:10 PM-Scheduled stop at 2110 Hamilton
3:10 PM-Scheduled stop at 2110 Hamilton	3:20 PM-Scheduled stop at 2110 Hamilton
3:20 PM-Scheduled stop at 2110 Hamilton	3:30 PM-Scheduled stop at 2110 Hamilton
3:40 PM-Scheduled stop at 2110 Hamilton	3:50 PM-Scheduled stop at 2110 Hamilton
4:00 PM-Scheduled stop at 2110 Hamilton	4:00 PM-Scheduled stop at 2110 Hamilton
4:10 PM-Scheduled stop at 2110 Hamilton	4:10 PM-Scheduled stop at 2110 Hamilton
4:20 PM-Scheduled stop at 2110 Hamilton	
4:40 PM-Scheduled stop at 2110 Hamilton	4:30 PM-Scheduled stop at 2110 Hamilton
5:00 PM-Scheduled stop at 2110 Hamilton	4:40 PM-Scheduled stop at 2110 Hamilton
5:10 PM-Scheduled stop at 2110 Hamilton	4:50 PM-Scheduled stop at 2110 Hamilton
5:40 PM-Scheduled stop at 2110 Hamilton	5:10 PM-Scheduled stop at 2110 Hamilton
6:10 PM-On demand stop only-2110 Hamilton	5:30 PM-Scheduled stop at 2110 Hamilton
6:40 PM-On demand stop only-2110 Hamilton	5:50 PM-Scheduled stop at 2110 Hamilton
7:10 PM-On demand stop only-2110 Hamilton	6:10 PM-On demand stop only-2110 Hamilton
7:40 PM-On demand stop only-2110 Hamilton	6:30 PM-On demand stop only-2110 Hamilton
8:10 PM-On demand stop only-2110 Hamilton	6:50 PM-On demand stop only-2110 Hamilton
8:40 PM-On demand stop only-2110 Hamilton	7:10 PM-On demand stop only-2110 Hamilton
9:10 PM-On demand stop only-2110 Hamilton	7:30 PM-On demand stop only-2110 Hamilton
	7:50 PM-On demand stop only-2110 Hamilton
	8:10 PM-On demand stop only-2110 Hamilton
	8:30 PM-On demand stop only-2110 Hamilton
	8:50 PM-On demand stop only-2110 Hamilton

On Demand Shuttle Service 7:00 AM – 5:30 PM Call 306-552-4635 Or 4636

On Demand Shuttle Service after 5:30 PM Call 306-552-4638

Schedule B

INTER FACILITY STAFF SHUTTLE

BUS ONE DEPARTURE SCHEDULE BUS ONE LEAVES RGH GOES TO PASQUA AND RETURNS		BUS TWO DEPARTURE SCHEDULE BUS TWO LEAVES PASQUA GOES TO RGH AND RETURNS		BUS THREE DEPARTURE SCHEDULE BUS THREE LEAVES WRC GOES TO RGH AND RETURNS	
RGH	PASQUA	PASQUA	RGH	WRC	RGH
7:00 am	7:20 am	7:00 am	7:20 am	7:00 am	7:20 am
7:40 am	8:00 am	7:40 am	8:00 am	7:40 am	8:00 am
8:20 am	8:40 am	8:20 am	8:40 am	8:20 am	8:40 am
9:00 am	9:20 am	9:00 am	9:20 am	9:00 am	9:20 am
9:40 am	10:00 am	9:40 am	10:00 am	9:40 am	10:00 am
10:20 am	10:40 am	10:20 am	10:40 am	10:20 am	10:40 am
11:00 am	11:20 am	11:00 am	11:20 am	11:00 am	11:20 am
11:40 am	12:00 pm	11:40 am	12:00 pm	11:40 am	12:00 pm
12:20 pm	12:40 pm	12:20 pm	12:40 pm	12:20 pm	12:40 pm
1:00 pm	1:20 pm	1:00 pm	1:20 pm	1:00 pm	1:20 pm
1:40 pm	2:00 pm	1:40 pm	2:00 pm	1:40 pm	2:00 pm
2:20 pm	2:40 pm	2:20 pm	2:40 pm	2:20 pm	2:40 pm
3:00 pm	3:25 pm	3:00 pm	3:20 pm	3:00 pm	3:20 pm
3:40 pm	4:05 pm	3:40 pm	4:00 pm	3:40 pm	4:00 pm
4:20 pm	4:45 pm	4:25 pm	4:40 pm	4:20 pm	4:40 pm
5:00 pm		5:00 pm		5:00 pm	

On Demand Shuttle Service Call 306-552-4635

On Demand Inter-Facility Staff Shuttle Service is only available to

**2110 Hamilton Street
Regina Centre Crossing
Park & Ride Locations**

