Learning objective: Students will achieve a level of nutritional literacy that will allow them to apply and communicate this knowledge to improve health outcomes for patients, families, communities and populations.

Clinical clerkship
Selected topics in medicine:
Nutritional deficiencies
Nutrigenomics

Year 1, term 1
Principles course: nutrition
macronutrients, micronutrients, liquids, fiber, Mediterranean diet, phytonutrients, nutrition through the life cycle, nutrient-drug interactions, basic dietary supplements, environmental concerns related to food choices, healthy meal planning, nutrition resources
Other nutrition content:
integrative medicine sessions in principles

Year 1, term 2
Nutrition in foundation courses
Hematology: iron and vitamin B12
Cardiology: nutritional counseling re: dyslipidemia and hypertension
Gastroenterology:
Food allergies and food intolerances
Celiac disease
Hospital based nutrition
Other nutrition content: integrative medicine in foundation courses

Year 2, term 2
Other nutrition content: integrative medicine in foundation courses

Year 2, term 1
Nutrition in foundation courses:
Nephrology: reducing the risk of chronic kidney disease
Other nutrition content: integrative medicine in foundation courses

Learning objective: Students will achieve a level of nutritional literacy that will allow them to apply and communicate this knowledge to improve health outcomes for patients, families, communities and populations.