



## Welcome from the Student Medical Society of Saskatchewan (SMSS)



Dear Class of 2027,

I want to start by congratulating you on your acceptance to the College of Medicine at the University of Saskatchewan! This is a tremendous accomplishment and I hope you have taken a moment to reflect on and be proud of the hard work you put in to get to this moment. I can remember how exciting it was to finally arrive at this step on the path towards becoming a physician, but if you are anything like I was, you may also be starting to feel some pressure set in. While this year will be one of many changes, I am confident that you are capable of handling each and every one. I also want to know that you are not embarking on this journey alone. Medical school is a time where you will forge lifelong bonds and create amazing memories with your fellow classmates, and I am sure that you will find yourself surrounded by incredible support in the coming year. On behalf of the entire Student Medical Society of Saskatchewan (SMSS), I want to welcome you to our family at the College of Medicine.

You may still be unsure who the SMSS is and how we can support your journey. The SMSS membership is comprised of College of Medicine students from all four years of study. Our purpose is to represent the interests of our members, facilitate involvement in extracurricular activities, and advocate for student needs within the classroom, College of Medicine, and broader community. The SMSS offers many opportunities for students to be involved in key areas such as equity, student wellness, advocacy, and much more. We hope you will participate in SMSS events, take part in the work of the SMSS, and strive to improve the student experience at the College of Medicine by embodying the values of the SMSS in all that you do.

We have many exciting events planned as part of your welcome to the College. You can expect to receive more details about these events in the coming weeks and months. We are all very excited to celebrate such an important milestone in your life with you! Remember, medical school is a marathon, not a sprint. You must be kind to yourself and your classmates. While it is important to work hard, it is just as important to take time to do the things you enjoy outside of medicine, like working out, cooking, or watching a movie.

If you have any questions or concerns, we invite you to reach out to us at our email [smss.president@usask.ca](mailto:smss.president@usask.ca). You can also get in touch with either Zoher, our Past-President, or myself via Facebook, or the SMSS at large via any of our social media below:

Facebook Page: “Student Medical Society of Saskatchewan (SMSS)”

Facebook Groups: “U of S College of Medicine”

“U of S College of Medicine – Class of 2027”

Instagram: [usask.smss](https://www.instagram.com/usask.smss)

Twitter: [@SMSS\\_SK](https://twitter.com/SMSS_SK)

Website: [www.saskmedstudents.com](http://www.saskmedstudents.com)

With your August 3<sup>rd</sup> start date coming just around the corner, we are thrilled to meet every one of you and look forward to welcoming you in person to the College of Medicine. Congratulations once again on your acceptance, and we are excited to be part of this new journey in your lives.

Sincerely,

Mimi Moustapha  
MD Class of 2026  
President, SMSS

Zoher Rafid Hamed  
MD Class of 2025  
Past-President, SMSS