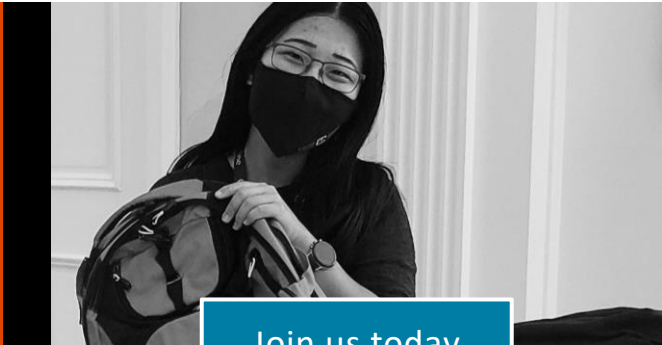


WELCOME to the medical profession and the future of health care



[Join us today](#)

STRONGER TOGETHER

As a new medical student, you can now be a part of the Canadian Medical Association and Saskatchewan Medical Association. Our two associations are here to support you throughout your journey in medicine.

Canadian Medical Association

- SHAPE OUR ADVOCACY:** Share your ideas for how to build a better future for health care in Canada.
- ACCESS FREE CLINICAL RESOURCES:** Get apps, e-textbooks and drug information to help you in your studies and throughout your career.
- NETWORK & BUILD RELATIONSHIPS:** Develop leadership skills, attend health events and make connections through the CMA Ambassador Program.
- PREPARE FOR CaRMS:** Get advice from peers who have been through the match before with our popular interview prep program.

ADD US ON SOCIAL: Join us for the national reveal of this year's #MyCMABackpack colour and more exciting news for students [@CMA Docs](#).

PRIORITIZE YOUR WELLNESS: Access free, confidential counselling and peer support, if and when you need it, along with countless resources on our Physician Wellness Hub.

Saskatchewan Medical Association

- WELCOME TO THE PROFESSION:** The SMA looks forward to supporting you! We have many programs and services to meet your needs so reach out or visit our website.
- EXPERIENCE SASKATCHEWAN:** The Roadmap Program gives you a chance to travel Saskatchewan and network with physicians.
- LOOKING AFTER YOU:** The Physician Health Program provides confidential support and assistance to student members who are struggling with health issues or wellness concerns.

PROTECTING YOUR FINANCES: SMA life and disability insurance is inexpensive and comprehensive. Contact insurance@sma.sk.ca.

Contact us: 1-800-667-3781; sma@sma.sk.ca; [@sma_docs](https://twitter.com/sma_docs)

Wishing you the very best on every step of your journey,

Dr. Katharine Smart
President, Canadian Medical Association

Dr. John Gjevre
President, Saskatchewan Medical Association



To find out more about your SMA and CMA membership, please visit:
sma.sk.ca and cma.ca/student