

WELCOME

to the medical profession and
the future of health care



Supporting your journey

As a new medical student, you can now be a part of the [Canadian Medical Association \(CMA\)](#) and the [Saskatchewan Medical Association \(SMA\)](#). Our two associations are here to support you throughout medical school and beyond.

Canadian Medical Association

JOIN THE MOVEMENT: The CMA is challenging the status quo and advocating for bold actions to transform health care at a national level. As a medical student, you can help build a thriving health workforce for generations to come with a complimentary CMA membership. [Learn more](#) about our work and [join us today](#).

BECOME AN AMBASSADOR: Join our growing CMA [Ambassador Program](#) to network with peers and experienced physician leaders, attend health conferences and develop your leadership skills. No minimum time commitment.

WATCH THE BACKPACK REVEAL: Follow us on social [@CMA_Docs](#) to watch the national [#MyCMABackpack](#) colour reveal on June 25 and visit [cma.ca/backpack-voting](#) to vote on next year's colour!

SHARE YOUR THOUGHTS: Join the conversation on [CMA Community](#) to talk about emerging issues in health care with other learners, health care providers and patients.

PRIORITIZE YOUR WELLNESS: Access a collection of well-being tools, resources and support options on our [Physician Wellness Hub](#).



Saskatchewan Medical Association

WELCOME TO THE PROFESSION: The SMA looks forward to supporting you! We have many programs and services to meet your needs so reach out or [visit our website](#).

EXPERIENCE SASKATCHEWAN: The [Roadmap Program](#) gives you a chance to travel Saskatchewan and network with physicians.

LOOKING AFTER YOU: The [Physician Health Program](#) provides confidential support and assistance to student members who are struggling with health issues or wellness concerns.

PROTECTING YOUR FINANCES: SMA life and disability insurance is inexpensive and comprehensive. Contact insurance@sma.sk.ca.

CONTACT US:
1-800-667-3781
sma@sma.sk.ca; [@sma_docs](#)

