

WELCOME

to the medical profession and
the future of health care



[JOIN US](#)

Stronger together

As a new medical student, you can now be a part of the Canadian Medical Association (CMA) and the Saskatchewan Medical Association. Our two associations are here to support you throughout your journey in medicine.

Canadian Medical Association

JOIN THE MOVEMENT: The CMA is challenging the status quo and advocating for bold actions to transform health care at a national level. As a medical student, your voice is vital to build a thriving health workforce for generations to come.

GET INVOLVED: Help build a better future for health care in Canada. CMA membership is complimentary for medical students. [Learn more](#) about our work and [join us today](#).

JOIN THE CMA AMBASSADOR COMMUNITY: Join our growing [CMA Ambassador Program](#) and help shape the CMA's work. Network with peers, attend health conferences and develop leadership skills.

MASTER YOUR CaRMS INTERVIEW PREP: When the time comes, get advice from peers who have been through the match before with our popular [CaRMS Interview Prep program](#).

PAVE THE WAY FOR A HEALTHY FUTURE: Access virtual, peer support in a safe space through our [Wellness Connection](#) sessions, along with countless resources on our [Physician Wellness Hub](#).

WATCH THE NATIONAL BACKPACK REVEAL: Follow us on social [@CMA_Docs](#) to watch the [#MyCMABackpack](#) colour reveal on June 27. Also, visit cma.ca/backpack-voting to vote on next year's colour!

Saskatchewan Medical Association

WELCOME TO THE PROFESSION: The SMA looks forward to supporting you! We have many programs and services to meet your needs so reach out or visit our website. <https://www.sma.sk.ca/>

EXPERIENCE SASKATCHEWAN: The Roadmap Program gives you a chance to travel Saskatchewan and network with physicians.

Email: roadmap@sma.sk.ca

Website: https://www.sma.sk.ca/?page_id=2361

LOOKING AFTER YOU: The Physician Health Program provides confidential support and assistance to student members who are struggling with health issues or wellness concerns. https://www.sma.sk.ca/?page_id=3862

PROTECTING YOUR FINANCES: SMA life and disability insurance is inexpensive and comprehensive. Contact insurance@sma.sk.ca.

CONTACT US:
1-800-667-3781
sma@sma.sk.ca; [@sma_docs](#)