

**Sports Medicine**  
**Rotation Specific Evaluation (PGY1,2,3)**  
**Orthopaedic Surgery Residency Training Program**  
**College of Medicine, University of Saskatchewan**

CanMEDS Roles / Competencies	Expectations					
Name: _____ PGY_____	Much Below Average	Somewhat Below Average	Average	Somewhat Above Average	Much Above Average	N/A
Rotation Dates: _____						
Attending Staff: _____	Rarely Meets Expectations	Inconsistently Meets Expectations	Generally Meets Expectations	Sometimes Exceeds Expectations	Consistently Exceeds Expectations	
<b>A. MEDICAL EXPERT:</b> At the conclusion of residency, the resident should meet all of the following objectives in spite of variations in rotation durations and resident exposure						
<b>1. Cognitive and Diagnostic</b>						
1 Understand the anatomy and pathophysiology of acute and chronic soft tissue injury:						
• Rotator cuff and elbow tendinopathy						
• Low back pain						
• Groin injury (tendinopathy)						
• Isolated knee ligaments						
• Meniscal injuries of the knee						
• Patellofemoral disorders						
• Ankle sprain						
• Achilles tendon						
2 Understand the anatomy, pathophysiology and assessment of:						
• Articular cartilage injury						
• Upper and lower extremity joint instability						
<b>A. MEDICAL EXPERT:</b> At the conclusion of residency, the resident should meet all of the following objectives in spite of variations in rotation durations and resident exposure						
<b>2. Technical - Performance of:</b>						
1 Appropriate upper and lower extremity physical examinations						
2 Diagnostic and therapeutic joint injections						
3 Diagnostic arthroscopy of the knee and shoulder						
4 Repair of simple tendon rupture						
<b>B. COMMUNICATOR</b>						
1 Ability to communicate to patients in clear and straightforward manner						
2 The ability to obtain an appropriate informed consent for patients undergoing interventions						
<b>C. COLLABORATOR</b>						
1 Be able to interact with the medical team efficiently and to consult effectively						
2 Delegate effectively to other members of the healthcare team						
3 Communication with allied health professionals (physiotherapists, nurses, trainers)						
4 Ability to communicate in writing appropriate rehabilitation prescriptions						

CanMEDS Roles / Competencies	Expectations					
	Much Below Average	Somewhat Below Average	Average	Somewhat Above Average	Much Above Average	N/A
	Rarely Meets Expectations	Inconsistently Meets Expectations	Generally Meets Expectations	Sometimes Exceeds Expectations	Consistently Exceeds Expectations	
<b>D. MANAGER</b>						
1 Cost effective use of investigative tools and therapeutic modalities including complimentary and alternative therapies and procedures						
2 Effective time management for patient care and lifestyle balance						
<b>E. HEALTH ADVOCATE</b>						
1 Identify and advise on risk factors for prevention of injury including issues specific for gender, age and return to activity						
2 Counsel athletes on the risks and side effects of performance enhancing drugs and substance abuse						
<b>F. SCHOLAR</b>						
1 Ability to teach and supervise patients, students, colleagues and other healthcare professionals						
<b>G. PROFESSIONAL</b>						
1 Sensitivity and respect for diversity of age, gender, religion, culture and the elite athlete						
2 Understand the principles of:						
• Ethics in sports						
• Substance abuse						
• Performance enhancing drugs						

**DESCRIPTIVE RESPONSES**

*For any items scored 0 or 1, specific comments are critical.*

1 **Strengths:**

2 **Areas for improvement:** (If remedial work is recommended - please provide specific suggestions)

3 **Comments:**

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Evaluator Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Resident Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Program Director: \_\_\_\_\_

Date: \_\_\_\_\_