

# Department of Surgery Wellness Committee

# VIRTUAL GRAND ROUNDS

present



## Dr. Geeta Lal

# Ergonomics: What Every Surgeon Should Know

Dr. Geeta Lal is a tenured Professor of Surgery and Pediatrics at the University of Iowa Carver College of Medicine.

Dr. Lal received her BS from McMaster University, and her MD at the University of Toronto. She earned an MSc at the University of Toronto and The Samuel Lunenfeld Research Institute. She completed residency in General Surgery at the University of Toronto and a fellowship in Endocrine Surgical Oncology at the University of California, San Francisco. Dr. Lal has served in many different leadership roles throughout her career. She previously headed an NIH-funded basic science laboratory and was the Associate Chief Quality Officer for the Adult Inpatient

Services at her institution till July 2022. She currently co-leads the Cancer Center's Multidisciplinary Oncology Group and continues to maintain a busy endocrine surgery practice. Having experienced work-related musculoskeletal symptoms herself, she is committed to increasing awareness of and developing solutions to counteract the impact of poor ergonomics on surgeons' professional and personal lives. She is the founder of Surgical Ergonomics, a speaking and coaching business and a co-founder and immediate past-President of the new Society of Surgical Ergonomics. She continues to serve the society as a part of the executive team and is the Chair of the society's new Industry Collaborations committee.

**Thursday, May 2<sup>nd</sup>, 2024 at 5:00 PM**

Rounds will be available via ZOOM Network

Please contact the Department of Surgery with any questions

This is an Accredited Group Learning Activity as defined by the Maintenance of Certification Program (MoCOMP) of the Royal College of Physicians and Surgeons of Canada. For further information contact the Department of Surgery at 306.966.8641 or email [surgery.dept@usask.ca](mailto:surgery.dept@usask.ca)



UNIVERSITY OF  
SASKATCHEWAN



Saskatchewan  
Health Authority