



UNIVERSITY OF SASKATCHEWAN

# College of Medicine

POSTGRADUATE MEDICAL EDUCATION  
MEDICINE.USASK.CA

## Resident Resource Office

The Resident Resource Office is responsible for providing non-academic support throughout postgraduate medical education. The office supports residents who may be coping with professional or personal challenges. The Resident Resource Coordinator helps individuals develop proactive strategies around health and wellness issues specific for physicians.

Some areas residents may require assistance and support in are:

- health and wellness
- financial stress
- accommodation plans for residents with disabilities including transmissible diseases
- transition from residency to practice
- work life balance
- policies and procedures
- concerns related to intimidation and harassment

The office provides a safe and confidential space and is located at 414-1121 College Drive (4th floor in St. Andrew's College).



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