

Quick Sheet: Demographic survey questions in research

SEX & GENDER QUESTIONS: based on, [Best Practices for Asking Questions to Identify Transgender and Other Gender Minority Respondents on Population-Based Surveys](#), with adaptations from OUTSaskatoon (Saskatoon's LGBTQ2S+ community organization), and other experts. Please ensure you consult relevant sources for your specific needs, as wording of the questions may differ.

Please note that questions on sex and gender are meant to be asked together.

FOR ADULTS:

SEX:

Assigned sex at birth

- What sex were you assigned at birth, on your original birth certificate?
 - Male
 - Female

GENDER:

Best practice:

- What is your gender (Woman/Man/Trans Woman/Non-Binary, etc): _____

Next best practice:

- How do you describe yourself? (check all that apply)
 - Cisgender/Transgender Man
 - Cisgender/Transgender Woman
 - Non-binary
 - Two Spirit
 - If your gender is not listed, please list it here: _____

NOTE: If your research requires knowing cis vs trans identity, you will be able to determine this information based on the combination of the sex question above and this gender question.

SEXUAL ORIENTATION:

- Do you think of yourself as (please check all that apply):
 - Straight
 - Gay or lesbian
 - Bisexual
 - Pansexual
 - Asexual

FOR CHILDREN (~AGE 11 AND OLDER):

Assigned sex at birth

- When you were born, did the doctors say you were a boy or a girl?
 - Boy
 - Girl

Gender

- Today when you think about yourself, do you think of yourself as (check all that apply):
 - Boy
 - Girl
 - Transgender
 - Children may need this defined: transgender is when your gender identity is different than what your doctor identified you at birth; when your brain feels different than your body.
 - Something else?
 - Some people don't feel like they are a boy or a girl

LGBT identity:
?

RACE/ETHNICITY QUESTION: based on StatsCan, [Canadian Research Chairs Self-ID guide](#), and input from local researchers.

What racial or ethnic group do you belong to? Check all that apply:

- Arab
- Black
- Chinese
- Filipino
- Japanese
- Korean
- Latin American
- South Asian (including East Indian, Pakistani, Sri Lankan, etc.)
- Southeast Asian (including Vietnamese, Cambodian, Laotian, Thai, etc.)
- West Asian (including Afghan, Iranian, etc.)
- White
- Other, please specify _____
- Indigenous: If yes, specify:
 - First Nations
 - Inuit
 - Métis
 - If to another land, please specify _____

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