

WELCOME TO THE MEDICAL PROFESSION

Join a movement of physicians working to make health care better

We're here to support you

Congratulations on joining the University of Saskatchewan College of Medicine class of 2029! As you embark on your journey in medicine, you can now join the [Canadian Medical Association \(CMA\)](#) and the [Saskatchewan Medical Association \(SMA\)](#). Our two associations are here to help you throughout medical school and in your career as a physician.



[JOIN US](#)

Canadian Medical Association

GET INVOLVED: As a top federal health advocacy group, the CMA works with physicians and medical learners to shape legislation, advance health policy and transform medical culture. As a medical student, your voice will help inform our work to drive change and build a thriving health workforce. CMA membership is **free** for all medical students. [Join now](#) and [learn about our work](#).

STAY INFORMED: [Sign up](#) to receive updates on issues that matter to you. Follow our social channels on [Bluesky](#), [Threads](#), [Instagram](#), [LinkedIn](#) and [Facebook](#). Access the [Canadian Medical Association Journal \(CMAJ\)](#) for original research, clinical practice updates and thought-provoking content.

WATCH THE BACKPACK REVEAL: This year's #MyCMABackpack colour will be revealed June 26 on our social channels. For more info on our backpack program, visit [cma.ca/backpack](#).

MAKE AN IMPACT: Join our growing [CMA Ambassador Program](#) to connect with peers and experienced physician leaders, attend [health-related events](#) for free and apply for [CMA leadership positions](#).

PRIORITIZE YOUR WELLNESS: Access a collection of well-being tools, resources and support options on our [Physician Wellness Hub](#).

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CANADIAN
MEDICAL
ASSOCIATION

Saskatchewan Medical Association

WELCOME TO THE PROFESSION: The SMA looks forward to supporting you! We have many programs and services to meet your needs so reach out or [visit our website](#).

EXPERIENCE SASKATCHEWAN: The [Roadmap Program](#) gives you a chance to travel Saskatchewan and network with physicians.

LOOKING AFTER YOU: The [Physician Health Program](#) provides confidential support and assistance to student members who are struggling with health issues or wellness concerns.

PROTECTING YOUR FINANCES: SMA life and disability insurance is inexpensive and comprehensive. Contact insurance@sma.sk.ca.

CONTACT US:
1-800-667-3781
sma@sma.sk.ca; [@sma_docs](#)



SASKATCHEWAN
MEDICAL ASSOCIATION