

# PGME Connect

*Facilitating conversations among the PGME community - March 2023*

## Message from the Associate Dean, PGME

While PGME is working hard to prepare for the November 2023 accreditation visit, all other areas of PGME work are moving forward as well.

I am happy to share we have just finished the 1st iteration of the CaRMS match and am pleased with a very successful match outcome for programs at the University of Saskatchewan. We successfully matched all 52 Family Medicine positions funded by Saskatchewan Ministry of Health. Fifty-two University of Saskatchewan students matched to our programs and all trainees will commence their programs on July 1, 2023.

Scheduling and planning for the Resident Boot camp is well under way and is taking place on June 26, 27 and 28, 2023. We look forward to welcoming this new cohort of trainees. As we welcome our new residents, there will also be many who are completing their training in June and are currently undergoing or have completed their exams. I send my very best wishes, I know you will do well and be successful.

**Anurag, Saxena**

Associate Dean, PGME

All PGME updates, along with wellness and education resources, can be found on our website: <https://medicine.usask.ca/residents/pgme.php>

PGME maintains an open-door policy and we welcome inquiries – you can find a complete list of our office staff at: <https://medicine.usask.ca/residents/pgme.php#ContactUs>

We want this newsletter to be valuable for you so please share your feedback and suggestions to help us improve! Contact us at [pgme.communications@usask.ca](mailto:pgme.communications@usask.ca)

## PGME ACCREDITATION



UNIVERSITY OF SASKATCHEWAN  
College of Medicine  
POSTGRADUATE MEDICAL EDUCATION  
MEDICINE.USASK.CA

Our programs and the PGME unit of the College of Medicine are fully engaged to prepare for the 2023 conjoint Royal College of Physicians and Surgeons of Canada (RCPSC) and the College of Family Physicians of Canada (CFPC) regular accreditation review of the University of Saskatchewan scheduled for **November 26 to December 1, 2023**.

Keep up-to-date on all accreditation related activities by visiting the [PGME website](#) or accessing the PGME [accreditation page](#).

# PGME PORTFOLIO UPDATES

## ADMISSIONS

The 2023 CaRMS R1 match results were released on March 22, 2023. The University of Saskatchewan offered 128 residency training positions funded by the Saskatchewan Ministry of Health and matched 117 positions including all 52 Family Medicine positions.

Fifty-two U of S students matched to U of S programs, including a sponsored Dermatology seat at Dalhousie.

Eleven vacant positions will be available for applicants in 2nd iteration. The vacant positions will be available to medical students, current residents (for program transfer) and practising physicians and 2nd iteration match results will be released on April 27, 2023. All matched trainees in 1st and 2nd iteration will commence residency training on July 1, 2023.

## PGME BOOT CAMP

The 2023 PGME Resident Boot Camp is scheduled for Monday, June 26 to Wednesday, June 28, 2023. The program is mandatory for all incoming PGY1s and will be held at the Health Sciences Building, University of Saskatchewan.

The PGME Resident Boot Camp is aimed to bring into focus current topics relevant to safe and good medical practice and assist new residents to consolidate baseline skills relevant to successful residency. It is also an opportunity for trainees to meet, learn, and network with other incoming PGY1 residents.

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## WELLNESS



Our sincere gratitude to all our Residents for their dedication to the people of Saskatchewan and their contributions to medical education at the University of Saskatchewan.

The PGME office is proud to support the Resident Doctors of Canada (RDoC) Resident Appreciation Week, February 6 - 10, 2023. This year, instead of celebrating Resident Doctors Awareness, RDoC wants to show general appreciation to all Residents, acknowledging that they have experienced unprecedented challenges over the past three years and that RDoC continues to support and advocate for them at a national level.

We are sincerely appreciative and thank you for all your contributions!

### Therapy Dogs

The PGME team spent a few moments with the PAWS Your Stress Therapy Dogs who visited the Leslie and Irene Dube Health Sciences Library on March 15th. Visit their [website](#) to learn about upcoming visits from the Therapy Dogs to the University of Saskatchewan Campus.



# EVALUATION

## Work and Learning Environment Survey Results

To better understand the work and learning environment within postgraduate medical education during the past academic year, residents, teaching faculty, program directors/assistant program directors/site directors (PDs) and program administrators (PAs) were invited to provide their feedback in December 2022 via an online survey.

**236** people completed the survey, including **128** residents, **59** faculty, **33** PAs, and **16** PDs.

As we prepare for onsite accreditation visits, survey results will also help to address the following accreditation standards:

- STANDARD 5: Safety and wellness are promoted throughout the learning environment.
- STANDARD 9: There is continuous improvement of the educational experiences, to improve the residency program and ensure residents are prepared for independent practice.

Presented below is an overview of findings. More detailed findings, including demographic differences, will be shared with residency training programs next month.

### Survey Results

#### 1. Overall Work/Learning Environment

- **61%** rated their overall work or residency training experience as excellent/above average.

#### 2. Unprofessional Behaviour

- During the reporting period (July – Nov. 2022), **33%** of respondents experienced and/or witnessed unprofessional behaviours, including **disrespectful behaviour** (59%), **inappropriate verbal comments** (56%), and **public humiliation** (36%).

#### 3. Education experience

- **78%** of residents were satisfied/very satisfied with the quality of teaching.
- **82%** of residents were satisfied/very satisfied with the quality of supervision.
- **49%** of faculty felt they had enough time to teach residents and **51%** felt they had enough time to supervise residents.

#### 4. Patient safety

- **90%** of survey respondents agreed/strongly agreed that **patient safety is a top priority in their program** and **78%** would **feel comfortable reporting a patient safety incident**.
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## PROGRAM SPOTLIGHT

For our next issue of PGME Connect, we would like to Spotlight a Program - and we need your help to do so!

Would you like to highlight an outstanding accomplishment or milestone of your program? What about a resident, faculty member, or program administrator who provided exceptional service? Did your program introduce something innovative or perhaps contribute to the community?

Please let us know by providing your "Spotlight a Program" submission to [pgme.communications@usask.ca](mailto:pgme.communications@usask.ca)

### **Submission Details:**

Any member of a program can provide a submission.

Provide a write-up and pictures, if desired.

**Submission deadline for upcoming issue: June 1, 2023.**

## PGME SPOTLIGHT

Jennifer McGillivray is the Finance Coordinator for PGME and has been with the PGME office for 10 years. In this issue, we wanted to take this opportunity to spotlight Jen:

### ***How long have you been working at the University of Saskatchewan?***

Close to 20 years. I started working with Consumer Services then moved to the Residence Office and started with the College of Medicine, PGME Office, in February 2013.

### ***What is the best part of your role in PGME?***

I love what I do, finances are something that I have always been interested in. I also have the best coworkers anyone could ever ask for.



***What do you do for fun outside of work?***

Mostly just spending time with my husband, our dog and two cats. In the summers I enjoy camping and gardening, I pretty much hibernate through winter.

***What is one fun fact about you that people may not know about you?***

I am expecting a baby girl in May!

## RESEARCH

**Funding opportunity for engaging in patient-oriented research - Application Deadline: April 3, 2023**

The Postgraduate Medical Education Office is pleased to announce it has continued its partnership with the Saskatchewan Centre for Patient-Oriented Research (SCPOR) to provide cost-shared funding for residents who wish to engage in patient-oriented research. PGME matched trainee funding supports research within the College of Medicine (CoM) through awards to medical residents who are in good standing and have interest in conducting POR. The guiding principles of this program include:

- Maximizing the use of CoM funding to support eligible medical residents in POR
- Encouraging and rewarding the pursuit of competitive external funding by medical residents and supervisors

**The application deadline is April 3, 2023.**

For more information, please visit [Funding Opportunities — Saskatchewan Centre for Patient-Oriented Research \(scpor.ca\)](https://www.scpor.ca). This link contains access to the Call Guide and Application Form.

## ACADEMIC CORNER

PGME would like to highlight the following article: [Education Value Units in Medical Education: a Scoping Review](#)

This scoping review summarizes the existing literature regarding the rationale, funding, development and implementation process, structure of education value unit (EVU) systems, outcomes assessed, barriers, and strategies for success. The authors believe this information will inform departments trying to develop their own EVU systems.

### **Abstract**

**Purpose:** On the basis of the tripartite mission of patient care, research, and education, a need has arisen to better support faculty in nonrevenue-generating activities, such as education. As a result, some programs have developed education value unit (EVU) systems to incentivize these activities. The purpose of this scoping review is to analyze the existing literature on EVUs to identify current structures and future directions for research.

**Method:** The authors conducted a literature search of 5 databases without restrictions, searching for any articles on EVU systems published from database inception to January 12, 2022. Two authors independently screened articles for inclusion. Two authors independently extracted data and all authors performed quantitative and qualitative synthesis, consistent with best practice recommendations for scoping reviews.

**Results:** Fifty-eight articles were included. The most common rationale was to incentivize activities prioritized by the department or institution. Of those reporting funding, departmental revenue was most common. The majority of EVU systems were created using a dedicated committee, although composition of the committees varied. Stakeholder engagement was a key component for EVU system development. Most EVU systems also included noneducational activities, such as clinical activities, scholarship activities, administrative or leadership activities, and citizenship. Incentive models varied widely but typically involved numeric- or time-based quantification. EVUs were generally seen as positive, having increased equity and transparency as well as a positive impact on departmental metrics.

**Conclusions:** This scoping review summarizes the existing literature on EVU systems, providing valuable insights for application to practice and areas for future research.

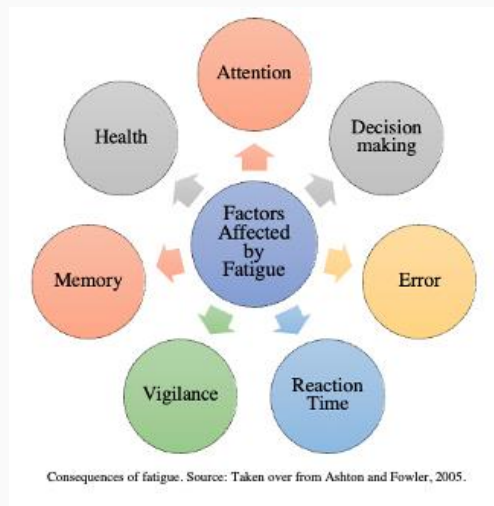
## HIGHLIGHTS IN MEDICAL EDUCATION

### Fatigue Risk Management (FRM)

"Fatigue is an occupational risk in medical education that impacts residency training and workplace health and safety, with potential implications for patient safety -

Successful management of fatigue risk is the shared responsibility among all those who have a role within medical education" (Fatigue Risk Management Task Force).

The PGME office is working with programs to support FRM in PGME.



The PGME fatigue risk management policy can be found on the PGME website [HERE](#). The purpose of this policy is to provide guidance to residents and programs in reducing resident fatigue and to promote resident fatigue risk awareness and management within residency training.

Additional Resources to the FRM toolkit for Residents, Leaders, and Policy Makers in Canadian Postgraduate Medical Education can be found [HERE](#)



# Call for submissions

## McGill Programs in Whole Person Care Trainee Writing Award

### Careers in health care can often involve transformation

What's most important to us at the earliest stages of our professional life may evolve in dramatic ways as we discern, pursue and practice our vocation. Some of us may be struck by the realization that our heart just isn't in the work that we had thought we would love, and in which we had so heavily invested. Then, perhaps, we get a glimpse of something new, on an altered course, that resonates more deeply. While others may find that their initial inclinations were exactly what they wanted but discover new personal connections to their work that are even more empowering. Orienting and re-orienting our professional trajectory to our inner compass can feel disorienting and terrifying, but also invigorating and liberating. Navigating these changes can also be transformative, with personal and professional identities that are reformed in profound ways.

### We want to hear about your transformative experiences

Perhaps you have experienced a transformation first-hand in pursuing your training as a health professional or researcher. Or, maybe you've observed colleagues, patients or loved ones that have navigated these types of personal and professional change. Whether first-hand or observed, we want to hear about your experiences and insights in relation to transformative change. What was this experience like? What may have instigated it? What were its consequences? How are new priorities reconciled in relation to initial professional trajectories? We invite you to submit a short essay addressing these questions.

### Submission details

- Current trainees in either a health professional clinical program or health-related research program are invited to submit a 500-to-1500-word essay addressing the theme of transformative experiences in health care.
- A selection committee will review all submissions received before the deadline.
- Winners will receive a small cash prize and their essay will be published within the [International Journal of Whole Person Care](#).
- Please go to <https://www.mcgill.ca/wholepersoncare/call-submissions> and submit your essay.
- **Submission deadline: 14 April 2023**

## ANNOUNCEMENTS

### Welcome - New Staff

Since January 1, 2023 PGME welcomed the following new PGME staff, Program Directors, and Program Administrators:

PGME



### **Chastin Miller**

**Clerical, Academic & Wellness Processes**

[chastin.miller@usask.ca](mailto:chastin.miller@usask.ca) | 306-966-5777

*Resident leaves, extensions, remediation, probation, appeals support  
WCB form collection, program wellness funding*

Chastin Miller joined the PGME team as clerical support for the Resident Resource Office, and policy and non-academic processes on February 21.



### **Kylie Chartrand**

**Clerical, Education Processes**

[kylie.chartrand@usask.ca](mailto:kylie.chartrand@usask.ca) | 306-966-1640

*RaPID support, support for New resident Boot Camp, Chief Resident  
Workshop, PD/PA Workshops, TIPS, CAC, assessment/learning plan fil*

Kylie Chartrand joined the PGME team as clerical support for the education portfolio on February 27. She will work on the RaPID Scheduling, and PGME's educational workshops.

#### **Program Directors:**

Dr. Martin Heroux - Family Medicine Enhanced Skills (December 2022, name correction)

Dr. Regan Cooley Co-PD - Neurology

Dr. Paul Masiowski Co-PD - Neurology

Dr. David Reid - Nephrology

#### **Program Administrators:**

Nadine Loran – Child & Adolescent Psychiatry & Forensic Psychiatry

Sarah Zdunich – Internal Medicine

Georgie Blackwell –Moved from Anesthesia to Obstetrics & Gynecology

## **UPCOMING EVENTS**

#### **PGME Accreditation Open-House**

The PGME office will be hosting an open house. If you would like to know more about accreditation, please join us!

**When:** April 4, 2023. Please drop in between 11:00am and 1:00pm

**Where:** 3A10 Health Sciences Building, University of Saskatchewan

**Workshop:** Sharing leadership across academic and administrative functions: Trust, Access and joint-decision making

**Facilitator:** Dr. Anurag Saxena

**When:** April 28, 2023, 9:00am to 12:30pm

**Where:** In person and virtual details to follow

This is a co-leadership workshop. We are encouraging PD/PA and FAMS from each program to attend together in order to gain the full benefit of the workshop. Please contact Maureen Lumbis ([maureen.lumbis@usask.ca](mailto:maureen.lumbis@usask.ca)) for more information.

### Resident Research Day

**When:** June 22, 2023, 9:00am to 2:00pm

**Where:** Health Sciences Building (D Wing, 2nd Floor Atrium)

Please see the event details here [2023 REACH-Resident Research Day - College of Medicine | University of Saskatchewan \(usask.ca\)](#)

### PGME Boot Camp

**When:** June 26-28, 2023

**Where:** Health Sciences Building, University of Saskatchewan



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