

## Medical Student Update

August 29, 2017

Did you know?	
What do I do if I'm asked to do a personal service for a faculty member or if I feel humiliated or discriminated by faculty, staff or classmate?	Know that this type of behavior is not condoned by the CoM, UGME or the university. It is not part of the process of becoming a doctor. If you think that you have been subjected to student mistreatment, please contact the Office of Student Affairs. For students in Saskatoon call 306-966-4751, in Regina call 306-766-0620 and in Prince Albert call 306-763-8888. The Student Affairs Coordinator will discuss the next steps and will provide support throughout the process. You can also contact the university's Discrimination and Harassment Prevention Services at 306-966-4936 or dhps@usask.ca.
Where can I find study space?	Study space is available in the Health Sciences Library and Regina General Hospital (RGH) Library. Effective September 4 the Health Sciences Library is open Monday-Thursday from 8 am-10 pm; Friday from 8 am-6 pm; Saturday from 10 am-6 pm and Sunday from 12-8pm. The RGH Library is open 24 hours a day, 7 days per week. Study space is also available throughout the Health Sciences Building. As well, room 1B03 has been booked as study space for medical students on weekdays from 5:30-11pm and on weekends from 8 am-11 pm. Clerks in Saskatoon can access study space in rooms 5536 and 5560 at Royal University Hospital (RUH).
Where is there lounge space?	With renovations to MUMPS underway, the CoM has secured shared lounge space at St. Andrew's College. There is additional lounge space located throughout the Health Sciences Building. Saskatoon Clerks have lounge space in RUH room 5538. There is lounge space at RGH for students at the Regina Campus and at Victoria Hospital for students in Prince Albert.
I've heard that I should consider getting disability insurance. Where can I get more information about this type of insurance?	Students have access to disability insurance through the Saskatchewan Medical Association (SMA), in which you are eligible for membership. The SMA has a number of insurance plans, including disability insurance, available to medical students, their spouses and dependent children. The SMA meets individually with all medical students. There is a full insurance review during that meeting. Information on disability insurance is also covered during group sessions in Year 1 and Year 2.

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What do I do if I get a needle stick injury while I am on a clinical experience?	Don't panic! The first step is to determine if the exposure has been in contact with mucous membranes (eyes, nose, mouth) or non-intact skin. Second, is the exposure likely to contain a blood borne pathogen? If you answered yes to both of these, apply first aid, advise your senior resident or attending and then go to the nearest open emergency department. Once you are cleared to go, you need to contact the Incident Reporting Line for the health region (see your supplemental badge) and complete a University of Saskatchewan Incident Report. The Office of Student Affairs can assist you in reporting the incident.
library is closed and feel unsafe	The university's Safewalk program is staffed by volunteers who walk students safely to their destinations Sunday to Thursday from 8:30-11:30 pm. Protective Services provides walking escorts outside of these hours. Protective Services can be reached at 306-966-5555. Walk or ride escort services are also available through the Security Departments at RUH and RGH. USAFE is the university's safety app, which has a number of features including emergency contacts, safety tips and personal safety tools. The app is free to download and has site-specific information.
	You will receive financial literacy and debt management information in the Success in Medicine courses in Years 1-3. If you are experiencing financial difficulties, contact the Office of Student Affairs at your site. They can assist you in accessing support services. The university's Student Finance and Awards Unit as well as the CoM finance team can provide advice on debt management, and have some resources for emergency financial needs.
I was just contacted about a meeting with a course director about a concern with my professional behavior. What should I expect to happen?	The new Professionalism Procedure has established guiding principles in respect to expectations of professional behavior. The Professionalism Procedure has an educational, not punitive, focus. The person initiating the concern is required to meet with you so that you can discuss the incident that led to the concern of unprofessional behavior. You are encouraged to provide a response. You may bring a support person with you to the meeting. Most professionalism concerns will be dealt with by informal means and will not require adjudication by the Professionalism Panel. Only a small subset of complaints result in a Formal Professionalism Panel Hearing and even fewer of these receive a recommendation by the Professionalism Panel for inclusion on your MSPR (dean's letter) when applying to a residency program.
I am feeling overwhelmed by the amount of course work that I have. Where can I get help?	Students experiencing distress are encouraged to contact the Office of Student Affairs at their site. The phone numbers are listed above. The Student Affairs Coordinators can support you in accessing services, whether it is for academic or health reasons. Additionally students can access support services through the university by contacting the Student Wellness Centre at 306-966-5768. Accessing services is confidential.