

## CALL FOR APPLICATIONS FOR CHILD & ADOLESCENT PSYCHIATRY

### RESIDENCY PROGRAMS IN CANADA

*Attention: texte en français ci-bas*

On behalf of CAP COPE (the committee of Child & Adolescent Psychiatry program directors), we would like to invite you to apply for subspecialty residency training in Child & Adolescent Psychiatry (CAP). There are 16 CAP programs across the country, and all are accredited by the Royal College of Physicians and Surgeons of Canada. CAP subspecialty training is designed to be 24 months long, although typically 12 months are “double-counted” as both CAP subspecialty training and General Psychiatry training. As of July 1, 2021, all of the CAP programs have been using the new Competence By Design (CBD) framework. For more information on the Royal College’s CBD framework, please go to:

<https://www.royalcollege.ca/rcsite/cbd/competence-by-design-cbd-e>

Residents are encouraged to apply in their PGY4 year. Applications from PGY-5 residents may also be considered, but candidates are encouraged to contact the Program Director ahead of time to discuss this possibility.

All 16 CAP subspecialty programs have similar application requirements, which include the following:

1. Completed and signed application form
2. Letter of Good Standing from your Psychiatry residency Program Director
3. Updated CV: areas to cover should include, but are not limited to, educational background, scholarly activities, and other accomplishments
4. Personal statement (suggested maximum of 750 words): areas to cover should include, but are not limited to, your interest in the subspecialty, your interest in the specific program you are applying to, your suitability as an applicant, and your possible career goals
5. 2-3 reference letters: unless a program provides a specific template or instructions, letters should comment on your suitability to enter the subspecialty, as well as your competency in each of the Royal College CanMEDS roles (Medical Expert, Communicator, Collaborator, Leader, Health Advocate, Scholar, and Professional)

All 16 CAP subspecialty programs adhere to standard dates for applications and letters of offer, and they coordinate their interview dates to minimize overlap between programs. For the fall 2022 application cycle, the interview dates are listed below. **Please note that because of COVID-19, all interviews will be conducted *virtually*.**

***Application Deadline:***

**September 1, 2022**

*First offers of acceptance will be sent:*

October 27, 2022

*Deadline for candidates to accept/decline a first offer of acceptance:*

November 3, 2022 @ 2 pm Eastern time

Subsequently, each program may set its own schedule for offering positions and requiring a response from candidates.

Thank you for taking the time to consider a future in Child & Adolescent Psychiatry.

We would love to hear from you!

Sincerely,

David Lovas, MD, FRCPC & Leanna Isserlin, MD, FRCPC  
Chair and Vice-Chair, CAP COPE

## APPEL DE CANDIDATURES POUR LES PROGRAMMES DE RÉSIDENCE EN PSYCHIATRIE DE L'ENFANT ET DE L'ADOLESCENT AU CANADA

Au nom du comité des directeurs de programme de psychiatrie de l'enfant et de l'adolescent, nous vous invitons à soumettre votre application pour le programme de résidence de sous-spécialité en psychiatrie de l'enfant et de l'adolescent (PEA). Il existe 16 programmes de PEA au pays qui sont tous accrédités par le Collège Royal des Médecins et Chirurgiens du Canada. Le programme de sous-spécialité de PEA est bâti sur une durée de 24 mois, bien que 12 mois soient habituellement validés dans les deux programmes (programme de sous-spécialité de PEA ainsi que programme de psychiatrie générale). À partir du 1er juillet 2021, tous les programmes de PEA vont utiliser le système de compétence par conception (CPC). Pour plus d'informations sur le système de CPC du Collège Royal, veuillez vous référer au site suivant: <https://www.royalcollege.ca/rcsite/cbd/competence-by-design-cbd-f>

Les R4 sont invités à appliquer. Les applications de R5 peuvent aussi être considérées. Les candidats R5 sont encouragés à contacter la direction de programme avant le processus d'application pour discuter de cette possibilité. Les 16 programmes de sous-spécialité ont des exigences d'application similaires, qui incluent les éléments suivants :

1. Formulaire d'application complété et signé
2. Lettre de rendement du directeur de programme de résidence en psychiatrie générale
3. CV mis à jour : les points à inclure doivent comprendre l'historique des études, les activités académiques et autres réalisations.
4. Lettre de motivation (maximum de 750 mots suggéré) : les points à inclure doivent comprendre votre intérêt pour la sous-spécialité, votre intérêt particulier pour le programme auquel vous appliquez, vos aptitudes pour ce programme ainsi que vos plans de carrière potentiels.
5. 2 ou 3 lettres de référence : en l'absence de grille ou d'instructions spécifiques fournies par le programme les lettres doivent commenter vos aptitudes à être admis au programme de sous-spécialité ainsi que vos compétences dans chacun des rôles CanMEDS du collège royal (Expert médical, Communicateur, Collaborateur, Leader, Promoteur de la santé, Érudit et Professionnel)

Les 16 programmes de sous-spécialité de PEA respectent les dates standardisées pour les applications et les lettres d'offre. Ils coordonnent aussi les dates d'entrevue pour minimiser les conflits d'horaire entre les programmes. Pour les applications de l'automne 2021, les dates sont écrites ci-bas. **SVP noter que toutes les entrevues seront effectuées virtuellement dans le contexte de la pandémie de COVID19.**

***Date limite d'application:***

**1 septembre 2022**

*Première lettre d'acceptation sera envoyée le:*

**27 octobre 2022**

*Date limite pour accepter ou refuser la première lettre d'acceptation:*

**3 novembre 2022 @ 14h00 Heure de l'est**

Par la suite, chaque programme pourra établir son propre horaire pour offrir des postes et demander une réponse aux candidats.

Merci de prendre le temps de considérer une carrière en psychiatrie de l'enfant et de l'adolescent.

Nous attendons vos candidatures avec impatience!

Sincèrement,

David Lovas, MD, FRCPC & Leanna Isserlin, MD, FRCPC  
Chair and Vice-Chair, CAP COPE

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### University of Alberta, Edmonton

We are a close-knit program that offers three positions per year. We provide a wealth of excellent learning opportunities for becoming clinical and academic child and adolescent psychiatrists, and we work with each resident individually to support them in identifying and preparing for specific career interests within the field.

Our rotations are designed to help you achieve your Entrustable Professional Activities (EPAs). This starts with a Transition to Discipline rotation that links in to the start of your Foundations rotation set in the Emergency Department and Urgent Clinic of the Stollery Children's Hospital and a community clinic. You will have close staff supervision as you get to know the program. There are a variety of clinics and day hospital programs to choose from to complete the Foundations stage, both through Alberta Health Services and CASA Child, Adolescent & Family Mental Health.

Core stage includes rotations in:

- Consultation Liaison Psychiatry (at the Stollery)
- Eating Disorders (University of Alberta Hospital)
- Forensics (Alberta Hospital Edmonton)
- Infant-Preschool Psychiatry (ElmTree Clinic)
- a Rural setting (rotation in Yukon or rural Alberta or through a longitudinal suburban clinic rotation)
- Residential Inpatients (CASA House)
- Acute Care Inpatients (Royal Alexandra Hospital)

Additional longitudinal experiences including family therapy, individual psychotherapy, a scholarly project & graduated exposure to on-call experiences are part of rounding out your clinical experience and complement the exposures you get on your horizontal rotations.

The end of training is devoted to your Transition to Practice and includes time for electives designed to allow you to consolidate the skills you have gained in managing a clinical service, teaching and preparing for lifelong learning.

Our formal academic curriculum includes seminar series in family therapy, individual psychotherapy, psychopharmacology, developmental psychopathology, normal development and our newly launched WIDER LENS curriculum (Wellness; Integration of Work & Life; Difficult Discussions & Dispute Resolution; Equity, Diversity, Inclusion; antiRacism; Leadership; Ethics; New starts & transition to practice; Systems & organizations). In addition to scheduled academic days, residents also have protected time to attend local Grand Rounds & the National Seminar Series.

#### Policies Regarding International Medical Graduate (IMG) Applicants (including return of service requirements and funding arrangements)

Applications from IMGs currently enrolled in a Psychiatry program at a Canadian medical school are welcomed by our program. We request that if a return of service agreement is in place, this must be declared at the time of application.

#### Approximate Number of Positions Offered Per Year

Three

#### Special Application Requirements (i.e., in addition to the standard requirements listed above)

1. Please follow the standard application requirements listed on the first page of this document; note that 3 reference letters are required for the University of Alberta application; it is preferred to have at least one from a preceptor practicing Child & Adolescent Psychiatry
2. An application form including the list of required documents is also part of our application package

Link to Website

<https://www.ualberta.ca/psychiatry/education-programs/md-postgraduate/child-and-adolescent-psychiatry-subspecialty-residency-program>

Program Director

Lindy VanRiper, MD, FRCPC  
[capspd@ualberta.ca](mailto:capspd@ualberta.ca)

Program Assistant (\*\*Contact Person for Applications\*\*)

Meagan Strachan  
[capadmin@ualberta.ca](mailto:capadmin@ualberta.ca)  
Phone: 780-407-1611

### University of British Columbia, Vancouver

UBC is a training program that offers strong depth and breadth of training experiences due to our large number of hospitals and subspecialty clinics with dedicated and enthusiastic teachers. We have four distributed sites and residents choose their training location in Vancouver, Surrey, Victoria or Prince George (or a combination of sites). We are a flexible program that responds to each resident's career goals and individual needs. We encourage CAP residents to work with the Program Director and their Learning Mentor to design an educational program that meets their individualized learning goals.

At each of the four sites there are many inpatient, outpatient and community training opportunities. For example, at BC Children's Hospital alone there are four inpatient units. There are many subspecialty outpatient clinics, including neuropsychiatry, infant psychiatry, ADHD, OCD, Teaching, and Mood & Anxiety clinics. And there are community based mental health teams and several day treatment programs.

There are also many specialized training opportunities in the UBC CAP Program. A few examples include the OCD summer intensive program, psychopharmacology elective, and innovative programs like Compass (<https://compassbc.ca>), the Foundry (<https://foundrybc.ca>) and RICHER on the downtown eastside. The Carlile Centre in North Vancouver offers training for concurrent disorders. Residents may join psychiatrists doing outreach in rural and remote areas of the province.

UBC CAP offers a wide range of individual psychotherapies (e.g. CBT, DBT, IPT-A, Play Therapy, Family Therapy and Family Therapy Clinic, motivational interviewing, etc.) and group psychotherapies (e.g. Mind Body Connection, MARS-A, Circle of Security, Social Anxiety Group, IPT-A and Taming the Worry Dragons, and OCD is Not the Boss of Me groups).

Residents appreciate their full academic day on Thursdays which covers all the major areas in child psychiatry and also many special topics. The seminars are taught by psychiatrists, psychologists, pharmacists, ethicists, pediatricians, and other allied health. The psychology residents join for some of the seminars supporting a collegial training environment.

Although research is not mandatory, there are many options to join research projects and we have a research series in our academic day.

Our residents work hard, but the hours of work are reasonable and there is no call in the PGY6 year. The program offers a good work life balance, encourages residents to spend quality time with friends/family, and to take advantage of our vibrant city life and our access to the ocean and mountains.

We welcome applicants from across Canada and are confident that if you train in our program you will have an excellent two years! We welcome any further questions and look forward to telling you more about our program.

#### Policies Regarding International Medical Graduate (IMG) Applicants (including return of service requirements and funding arrangements)

UBC CAP accepts IMG applicants as long as their funding agency agrees.

#### Approximate Number of Positions Offered Per Year

6

#### Special Application Requirements (i.e., in addition to the standard requirements listed above)

1. Application Form

2. Letter of Intent
3. Curriculum Vitae
4. Letter of Good Standing from Residency Program Director
5. Three reference letters

Link to Website

<https://psychiatry.ubc.ca/education-programs/postgraduate-subspecialties-training-programs/>

Program Director

Jennifer Russel at [JRussel4@cw.bc.ca](mailto:JRussel4@cw.bc.ca)

Program Assistant (\*\*Contact Person for Applications\*\*)

Paola Martens at [paola.martens@ubc.ca](mailto:paola.martens@ubc.ca)

## University of Calgary, Calgary

Thank you for considering Child and Adolescent Psychiatry subspecialty training at the University of Calgary! We have a strong program that has consistently graduated Child and Adolescent psychiatrists of the highest caliber. The University of Calgary is in a strong position to support its trainees with over 40 Child and Adolescent Psychiatrists on faculty. We have an excellent centralized intake system which accepts thousands of referrals each year into a variety of practice settings across the spectrum of need. There are excellent opportunities for research with solid administrative support for teaching and educational placements.

We pride ourselves on providing a variety of rotation options that balance meeting Royal College requirements laid out in Competence By Design while allowing trainees flexibility to explore their interests. Our goal is to help trainees to develop personally and professionally by offering a wide spectrum of training opportunities within a small, close-knit program. Rotation options include inpatient care at any of our four different units as well as ambulatory clinics and community sites, including with our community partners Hull Services and Woods Homes. Eating Disorders, Child Development, Child Welfare, Forensic Psychiatry, Family Therapy, Neuropsychiatry, and School-based consultations are just a few examples of electives that are available. Many residents have also created their own electives in collaboration with the program, including Addictions and Rural mental health.

Wellness is a cornerstone of the program. Residents have protected academic half days every week and reduced call requirements as they progress in CAP training. There is a book fund to be used to offset the cost of learning materials and help pay for conferences and other learning opportunities. Trainees are encouraged to maintain a healthy work-life balance and avail themselves of the many amazing restaurants, events and natural wonders that this city and the surrounding area has to offer! We hope you will consider applying to our program. Please feel free to contact us if you require additional information.

### **Policies Regarding International Medical Graduate (IMG) Applicants (including return of service requirements and funding arrangements)**

The University of Calgary CAP subspecialty training program at this time will consider IMGs coming from an RCPSC General Psychiatry accredited program or successfully sat the RCPSC exam.

**Number of Positions Offered Per Year:** Three (3)

**Special Application Requirements:** Please adhere to standard application requirements listed above

1. \*2 reference letters are required
2. Residency rotations to date

*Note: Competence Committee Report/Summary may be requested from Program Director*

### **Link to Website**

<https://cumming.ucalgary.ca/departments/psychiatry/education/subspecialty-programs/child-and-adolescent>

### **Program Director**

Dr Nneka Orakwue-Ononye MD, FRCPC

[nneka.orakwue-ononye@albertahealthservices.ca](mailto:nneka.orakwue-ononye@albertahealthservices.ca)

### **Program Assistant**

Pauline Burgess (4039441271)

[Pauline.Burgess@albertahealthservices.ca](mailto:Pauline.Burgess@albertahealthservices.ca)



## CHILD & ADOLESCENT PSYCHIATRY SUBSPECIALTY RESIDENCY PROGRAMS IN CANADA

### Dalhousie University, Halifax

Dalhousie's training program is clinically based out of the IWK, which is the Atlantic provinces' quaternary care pediatric hospital. Residents benefit from exposure to patients with a wide spectrum of psychopathology, including with medical complexity. This provides a unique mix of lifestyle and clinical/academic benefits: a vibrant, friendly, medium-sized Canadian city, with easy access to the ocean and nature, but also with the clinical variety and depth of expertise often associated with larger cities. Subspecialty clinics include autism, concurrent disorders, early psychosis, eating disorders, forensic, mood disorders, OCD, tics, 0-5 and TransHealth. Psychotherapeutically, we have particular expertise in family therapy, and feel that skills in this area are essential for our work. We have a remarkably cohesive and warm faculty who are nationally and internationally recognized for their excellence in clinical practice and research. With several chairs in child and adolescent mental health research, there are ample opportunities for scholarship. But we are also a program that places a high priority on wellness, supporting each other, socializing, and revitalizing ourselves. We are passionate about education and training the next generation of child and adolescent psychiatrists. We feel a deep sense of responsibility to train compassionate, socially-responsive, advocates, academics and expert consultants.

#### Policies Regarding International Medical Graduate (IMG) Applicants (including return of service requirements and funding arrangements)

These inquiries are fielded by the IMG branch of the Dalhousie Faculty of Medicine Postgraduate Medical Education Office - Charles Hsuen; Phone: 902-494-7038; Email: [charlesh@dal.ca](mailto:charlesh@dal.ca)

#### Approximate Number of Positions Offered Per Year: 2

#### Special Application Requirements (i.e., in addition to the standard requirements listed above)

1. Completed and signed application form
2. Letter of Good Standing from your Psychiatry residency Program Director
3. Updated CV: areas to cover should include, but are not limited to, educational background, scholarly activities, and other accomplishments
4. Personal statement (suggested maximum of 750 words): areas to cover should include, but are not limited to, your interest in the subspecialty, your interest in the specific program you are applying to, your suitability as an applicant, and your possible career goals
5. 3 reference letters: should comment on your suitability to enter the subspecialty, as well as your competency in each of the Royal College CanMEDS roles (Medical Expert, Communicator, Collaborator, Leader, Health Advocate, Scholar, and Professional). Preferably they are written by child and adolescent psychiatrists who are familiar with your clinical work. Referees should describe the nature of their relationship with the candidate and declare whether or not there are any biases.

#### Link to Website

<https://medicine.dal.ca/departments/department-sites/psychiatry/education/subspecialty-residency-training.html>

#### Program Director

David Lovas, MD, FRCPC ([david.lovas@iwk.nshealth.ca](mailto:david.lovas@iwk.nshealth.ca))

#### Program Assistant (\*\*Contact Person for Applications\*\*)

Ms. Adrienne McCarthy ([CAP@iwk.nshealth.ca](mailto:CAP@iwk.nshealth.ca)) Tel: 902-470-8376; Fax: 902-470-7893

IWK Health Center, Psychiatry, 4th Floor, Link Building 5980 University Avenue, Halifax, NS B3K 6R8 CANADA

## Université Laval, Quebec

Notre programme de psychiatrie de l'enfant et de l'adolescent a débuté en 2014, et depuis, nous avons la chance d'accueillir chaque année un à trois nouveaux résidents. Nous avons un milieu fort stimulant et apprécié par les résidents. Le programme répond aux exigences d'accréditation par le Collège Royal. Les résidents peuvent faire leur résidence dans divers milieux distincts, affiliés à l'Université Laval, soit le Centre de pédopsychiatrie de Québec, CHUL, Hôtel-Dieu de Lévis et Centre Hospitalier du Grand-Portage à Rivière-du-Loup.

Durant la première année, le résident fait quatre blocs de stage différents, d'une durée de 3 mois: clinique externe infantile, clinique externe juvénile, unité d'hospitalisation infantile et unité d'hospitalisation juvénile. Durant la deuxième année (R6), le résident fait un stage de deux mois en consultation-liaison, deux mois en stage en région et en soins partagés à Rivière-du-Loup, puis 8 mois de stage à option. Durant ce huit mois de stages optionnels, le résident a la chance de parfaire ses connaissances dans diverses cliniques spécialisées et ces milieux sont très riche en exposition et en variété: clinique des troubles alimentaires, clinique de dépistage pour les premières psychoses, thérapie familiale, thérapie interpersonnelle, urgence, médecin répondant pour la première ligne, hôpital de jour pour la clientèle 0-5 ans, hôpital de jour pour les 5-12 ans, hôpital de jour pour les troubles du développement, clinique des troubles anxieux, exposition à l'hôpital de jour des 12-17 ans pour dysrégulation affective, exposition pour expertises demandées en médico-légal, refaire des stages avec davantage d'autonomie et en mode pyramidal (supervision d'externes/résidents) sur les unités de soins ou en clinique externe, médecine de l'adolescence, neurologie. Notre programme est doté de superviseurs qualifiés dans les divers types de psychothérapies et le résident est facilement exposé aux différentes psychothérapies requises pour atteindre les objectifs de formation. À ce sujet, le directeur du programme fait un suivi régulier avec les résidents (à l'aide du clini-folio complété en ligne par le résident).

### Policies Regarding International Medical Graduate (IMG) Applicants (including return of service requirements and funding arrangements)

Équivalence d'une résidence en psychiatrie complétée requise.

### Approximate Number of Positions Offered Per Year

2-3

### Special Application Requirements (i.e., in addition to the standard requirements listed above)

- CV à jour
- Lettre de motivation
- Deux lettres de référence
- Évaluations de stage depuis le début de la résidence

À noter que la maîtrise du français écrit et oral est requise

### Link to Website

<http://www.fmed.ulaval.ca/programmes-detudes/etudes-en-medecine/residences-etudes-medicales-postdoctorales/residence-en-psychiatrie-de-lenfant-et-de-ladolescent/presentation/>

### Program Director

Guillaume Dubeau, MD, FRCPC  
[guillaume.dubeau.1@ulaval.ca](mailto:guillaume.dubeau.1@ulaval.ca)

### Program Assistant (\*\*Contact Person for Applications\*\*)

[psychiatrispecialites@fmed.ulaval.ca](mailto:psychiatrispecialites@fmed.ulaval.ca) (secrétariat)

## **University of Manitoba, Winnipeg**

The two-year subspecialty-training program in Child and Adolescent Psychiatry at the University of Manitoba is designed to train child and adolescent psychiatrists with broadly based academic and clinical orientations. There are two main teaching sites which provide a breadth of exposure and opportunity for in depth training in the many varied aspects of child and adolescent psychiatry appropriate to the candidate's chosen community of practice. There is a formal academic series and a robust psychotherapy program, including a comprehensive DBT program.

### Policies Regarding International Medical Graduate (IMG) Applicants (including return of service requirements and funding arrangements)

At this time the University of Manitoba CAP Program does not accept IMG applicants

### Approximate Number of Positions Offered Per Year

2-3

### Special Application Requirements (i.e., in addition to the standard requirements listed above)

1. Application Form
2. Letter of Intent
3. Curriculum Vitae
4. Letter of Good Standing from Residency Program Director
5. Three reference letters (one must be from a child and adolescent psychiatrist) - referees are required to fill out a specific reference letter template

### Link to Website

[http://umanitoba.ca/faculties/health\\_sciences/medicine/units/psychiatry/programs/child\\_adolescent.html](http://umanitoba.ca/faculties/health_sciences/medicine/units/psychiatry/programs/child_adolescent.html)

### Program Director

Sarah Fotti, MD, FRCPC

[sfotti@exchange.hsc.mb.ca](mailto:sfotti@exchange.hsc.mb.ca)

### Program Assistant (\*\*Contact Person for Applications\*\*)

Jolene Loewen

[jloewen@exchange.hsc.mb.ca](mailto:jloewen@exchange.hsc.mb.ca)

Phone #: 204-787-3346

Fax #: 204-787-4975

## McMaster University, Hamilton

The Department of Psychiatry at McMaster University offers a RCPSC accredited, comprehensive and innovative subspecialty training program in child and adolescent psychiatry. Our goal is to train outstanding child and adolescent psychiatrists, while encouraging and supporting their development as clinicians with interest in research, education and academic careers. The subspecialty program provides rich training experiences in a variety of settings including our 21 bed inpatient unit, emergency psychiatry and CL service and multidisciplinary outpatient program serving children and youth with complex needs and their families. McMaster Children's Hospital and the Ron Joyce Children's Health Centre are central areas of training, where there is opportunity to collaborate with related pediatric disciplines and have additional exposure to areas including eating disorders, chronic pain and the child advocacy and assessment program.

Our program offers an unique interdisciplinary curriculum, during the PGY 6 year, led by enthusiastic faculty with opportunities for rich case discussion around self-directed learning goals. We further support diverse psychotherapy experiences including our family therapy clinic, in addition to caregiver focused interventions such as the Family Check-up Program and Emotion Focused Family Therapy.

McMaster has a proud tradition of collaboration, and pursuit of excellence. One of our greatest strengths in the Child Division are our faculty and learners who create a sense of community, support mentorship and are invested in our residents' learning goals.

### Policies Regarding International Medical Graduate (IMG) Applicants (including return of service requirements and funding arrangements)

At this time, we can only consider applicants who are completing or have completed their general psychiatry training at a Canadian RCPSC accredited program

### Approximate Number of Positions Offered Per Year

1-2 per year

### Special Application Requirements (i.e., in addition to the standard requirements listed above)

1. Updated CV
2. Letter of intent
3. Letter of good standing from current residency program director
4. Three reference letters with contact information

### Link to Website

<https://psychiatry.mcmaster.ca/education/sub-specialty-programs/child-and-adolescent-psychiatry-residency-program>

### Program Director

Laura Rosato MD FRCPC

[rosatol@hhsc.ca](mailto:rosatol@hhsc.ca)

### Program Assistant (\*\*Contact Person for Applications\*\*)

Ms. Maria Benoit

[mbenoit@mcmaster.ca](mailto:mbenoit@mcmaster.ca)

905-522-1155, ext. 39019

### **McGill University, Montreal**

McGill's CAP subspecialty program is designed for residents who have completed, or are on track to complete, training in Psychiatry at a recognized institution. Successful completion of the program qualifies graduates to take the RCPSC subspecialty exam in CAP. The program aims to prepare subspecialist graduates who are competent and compassionate consultant clinicians and who have acquired CAP-specific competencies in all of the RCPSC CanMEDS roles. A priority goal is to also promote competencies in the fields of research and / or education in order to prepare residents to assume leadership positions in their future academic and clinical careers.

The program follows the structure of Competency By Design, with an average of two years total of training. Prospective residents may apply to begin McGill's CAP residency in their final year of their Psychiatry residency (i.e. PGY5)- or following completion of their Psychiatry residency (i.e. PGY6) - both funding options are available. Rotation selections respect the RCPSC subspecialty training requirements - and consist of a variety of clinical rotations, psychotherapy / psychopharmacology learning opportunities, academic seminars, and scholarship activities.

The three core clinical and research sites of our program are the Montreal Children's Hospital/McGill University Health Centre, the Jewish General Hospital, and the Douglas Mental Health University Institute. Rotation and research highlights include inpatient, consultation-liaison/medical psychiatry, emergency department/crisis clinic, day programs, eating disorders, developmental disorders, depressive disorders/suicide studies, perinatal/epigenetics, disruptive disorders/forensics, eating disorders, ADHD, psychosis, transcultural/anti-radicalization work, and outreach to Inuit and Cree communities.

#### Language Policy

An attraction of the McGill program is its location in a cosmopolitan French milieu. The language of instruction for educational sessions is English. In the clinical setting, while many - but not all - McGill-affiliated hospitals provide a primarily English work environment, the patient population includes many French-speaking children and adolescents - and their families.

As such, our program cannot accept unilingual Anglophone or Francophone candidates due to various significant factors (Collège des médecins du Québec requirements, patient safety, and patient exposure). Residents will not be allowed to choose patients based on language proficiency.

Incoming residents will be expected to conduct a simple assessment in both English and French. Residents are provided with various sources of support both internal and external to learn French and English as it pertains to a child and adolescent psychiatric evaluation.

#### Policies Regarding International Medical Graduate (IMG) Applicants (including return of service requirements and funding arrangements)

Please contact McGill University Faculty of Medicine Admissions [pgadm.med@mcgill.ca](mailto:pgadm.med@mcgill.ca).

#### Approximate Number of Positions Offered Per Year

1-4, depending on provincial context

Separate funding streams exist for applicants for intra- and extra-provincial applicants

Applicants from Quebec universities may be contacted by the *Bureau de Coopération Interuniversitaire* to participate in a binding match

Special Application Requirements (i.e., in addition to the standard requirements listed above)

The following documents are required as part of your application

- letter of interest / intent concerning subspecialty education in CAP – this may include a description of your interest in the subspecialty training program, the rationale for your intent to practice in the field of CAP, a personal statement, and the qualities which make you a suitable candidate
- up-to-date curriculum vitae
- list of all residency rotations, including months or periods in each
- copies of all evaluations of resident performance from residency PGY1 to present
- list of names of three referees completing letters and their affiliation to you, at least one being from someone who has direct knowledge of your CAP practice

The following documents are to be submitted directly by their authors

- letter of good standing from your current Residency Program Director
- three reference letters, at least one being from someone who has direct knowledge of your CAP practice

All candidates must apply through the following application portal:

<https://www.mcgill.ca/pgme/residency-programs/admissions/prospective-residents/apply>

Once the application is submitted - or if questions arise during the application process - please email:

[pgadm.med@mcgill.ca](mailto:pgadm.med@mcgill.ca), [childadolresidency.psychiatry@mcgill.ca](mailto:childadolresidency.psychiatry@mcgill.ca), and [jason.bond@mcgill.ca](mailto:jason.bond@mcgill.ca)

Please contact the program directly for queries and further information.

Link to Website

<https://www.mcgill.ca/psychiatry/education/subspecialty-programs/child-and-adolescent-psychiatry-subspecialty>

Program Director

Jason Bond, MD, FRCPC

[jason.bond@mcgill.ca](mailto:jason.bond@mcgill.ca)

Program Administrator

Mr. Milton Magill

[childadolresidency.psychiatry@mcgill.ca](mailto:childadolresidency.psychiatry@mcgill.ca)

Tel: 514 398 2958

### **Memorial University, St. John's, Newfoundland**

The Memorial University Child & Adolescent Psychiatry (Memorial CAP) Subspecialty Program is able to offer a high degree of individual attention, teaching, supervision and support to our residents. We are a close knit program with all supervising Child and Adolescent Psychiatrists working together in the province's children's hospital. Our residents and faculty enjoy a collegial work and educational environment.

The Memorial CAP Subspecialty Program shares one position per year with the Geriatric Psychiatry Subspecialty Program, with the most promising candidate between the programs being selected each year, resulting in approximately one Child & Adolescent Psychiatry subspecialty resident every other year.

We offer a variety of educational opportunities to ensure our residents can become clinical and academic Child and Adolescent Psychiatrists. We work with our residents to ensure their educational experiences are tailored to meet their individual needs and goals.

#### Competency By Design

The Memorial CAP Subspecialty Program is fully accredited by the Royal College of Physicians and Surgeons of Canada. Our residency program has been redesigned to align with Competency By Design (CBD), and the philosophies of competency-based medical education in general. The program is designed to span over two years, although in keeping with the tenets of CBD, this timeline is no longer fixed. Our curriculum and rotation schedule is designed to ensure our residents have the best clinical and educational experiences to achieve their competencies at each stage of training. Each resident is assigned a CBD Competencies Coach to guide them through the CBD curriculum.

#### Clinical Experiences

The Memorial CAP subspecialty residents will encounter a wide variety of clinical educational opportunities/settings, including:

- inpatient care
- outpatient care
- urgent care
- consultation/liaison
- emergency psychiatry
- adolescent forensics
- adolescent residential treatment (psychiatric and addictions)
- eating disorders program

There are also opportunities for specialized electives to meet the resident's career goals. Our residents experience on-call psychiatry with a gradual increase in autonomy and responsibility, which includes functioning as a junior staff person on-call during the last portion of training.

#### Psychotherapy

Psychotherapy training is guided by the Royal College's guidelines. For psychotherapy supervision, our residents have access to supervisors with expertise in a broad range of psychotherapy modalities, including cognitive behavioural, dialectical behavioural, interpersonal, psychodynamic, family, group, and mindfulness.

#### Non-Clinical Education

In addition to participation in the Child & Adolescent Psychiatry National Seminar Curriculum, our residents participate in a weekly seminar series in Child & Adolescent Psychiatry topics, weekly case conferences, biweekly grand rounds, and biweekly critical appraisal sessions. Our residents are expected to present grand rounds once per year. There is a full year academic curriculum specifically for final year residents covering a broad array of topics in Child & Adolescent Psychiatry.

Our residents complete a scholarly project, which can include but is not limited to quantitative research. Residents are paired with scholarly project supervisors who share their interests and provide them with guidance, support, and mentorship.

#### Resident Involvement

Our residents are actively involved in shaping their own training and contributing to the evolution of the program as a whole. The Program Director meets with residents individually every month to review their progress and address any individual concerns. The Program Director also meets with the residents as a group (when applicable) on a monthly basis to elicit their input and feedback.

Our residents are members of the Residency Program Committee (RPC), which meets quarterly. The various program subcommittees all have resident representation as well. We also support our residents' participation in national committees, such as CAP COPE.

#### International Medical Graduates

The Memorial CAP Subspecialty Program welcomes applications from International Medical Graduates (IMGs). Such candidates will be considered using the same procedures and standards used for Canadian applicants, and those completing Psychiatry training at MUN.

#### Special Application Requirements

In addition to the standard requirements, we require:

1. Completed Residency Experience Form
2. Copy of all ITERs from the resident's General Psychiatry training program
3. 2 reference letters

#### Contact information

##### [Link to Website:](#)

<https://www.med.mun.ca/getdoc/9237a203-7b19-4b6c-9767-b4fd09b34046/Child-and-Adolescent-Psychiatry-Subspecialty-Progr.aspx>

##### Program Director

Weldon Bonnell, MD, FRCPC

##### Program Administrator (Contact Person for Applications)

[Ms. Jacqueline Doran](#)

[pgme.psychiatry@mun.ca](mailto:pgme.psychiatry@mun.ca)

Telephone: (709) 864-3384



### **Université de Montréal, Montréal**

Le programme de surspécialité en psychiatrie de l'enfant et l'adolescent de l'Université de Montréal a fait ses débuts en juillet 2014. Il a été conçu dès le départ selon les standards du Collège Royal des médecins et chirurgiens du Canada. La tradition d'enseignement de la pédopsychiatrie à l'Université de Montréal est solidement ancrée depuis de nombreuses années, offrant des stages de formation à des étudiants en médecine, des résidents en psychiatrie générale ainsi que des fellows et moniteurs cliniques du Canada et de l'étranger, et maintenant des résidents en surspécialité.

Le programme, structuré sur deux années, se déroule sur plusieurs sites de stage, profitant ainsi de l'expertise d'environ 50 psychiatres pour enfants et adolescents. Les milieux de stages comprennent le CHU Ste-Justine, un centre hospitalier pédiatrique de renommée internationale de 419 lits, avec un service ultraspécialisé de consultation-liaison pédopsychiatrique et de périnatalité ainsi que le centre intégré pour TCA; le CIUSS du nord de l'île, réparti sur trois sites, comprenant le plus grand bassin de lits de pédopsychiatrie au pays; l'Institut national de psychiatrie légale Philippe-Pinel, œuvrant auprès d'adolescents avec problématiques de santé mentale sévères associées à des comportements violents ainsi que nos milieux périphériques de Joliette, Repentigny, St-Jérôme et Châteauguay.

Le programme de PEA de l'université de Montréal offre un large éventail de stages en hospitalisation et en ambulatoire dans de multiples cliniques spécialisées couvrant tous les troubles psychiatriques retrouvés chez la clientèle 0-18 ans. Des services spécialisés en urgence et intervention de crise sont aussi offerts, ainsi que de la supervision dans diverses modalités psychothérapeutiques (TCC, TDC-A (DBT), thérapie familiale et systémique, entretien motivationnel, entraînement aux habiletés parentales, etc.). De nombreuses opportunités de recherche dans plusieurs axes sont aussi offertes aux résidents.

Le curriculum réparti sur deux ans comporte 6 mois de stages en hospitalisation, 3 mois de consultation-liaison, 3 mois de psychiatrie du jeune enfant (0-5 ans), 6 mois de cas complexes (adapté aux intérêts et à la pratique future du résident), 3 mois de stage en région périphérique ou 3 mois de recherche et 3 mois de stage optionnel. La grande variété de milieux et de cliniques permet d'adapter le cheminement du résident à ses intérêts et à ses besoins, ce qui est définitivement très apprécié de nos résidents.

La richesse de la vie culturelle de Montréal, combinée à sa proximité géographique avec des régions de nature et de plein-air magnifiques est certes aussi un attrait de faire sa résidence à l'Université de Montréal.

Nombre de postes offerts par année : 2-4 selon les règles provinciales

Documents requis pour application :

Lettre de motivation

2 lettres de référence

CV

Évaluations de tous les stages de résidence en psychiatrie générale

La maîtrise du français oral et écrit est requise

Directrice de programme :

Marie-Pier Larrivée, MD FRCPC

[Marie-pier.larrivee@umontreal.ca](mailto:Marie-pier.larrivee@umontreal.ca)

Assistants de programme :

Sonia Bellefleur

[Sonia.bellefleur@umontreal.ca](mailto:Sonia.bellefleur@umontreal.ca)

Alexia Bertheas

[Alexia.bertheas@umontreal.ca](mailto:Alexia.bertheas@umontreal.ca)

## University of Ottawa, Ottawa

The Child and Adolescent Psychiatry (CAP) Subspecialty Program at the University of Ottawa is fully accredited by the Royal College, provides a high degree of individualized support to residents and fellows and aims to graduate CAP Psychiatrists who are compassionate, skilled clinicians prepared to take on the practice of their choice. Graduates from our program have largely chosen to pursue academic careers, but those who are more interested in community practice have the opportunity to pursue elective rotations that will prepare them for this practice type. The UOttawa CAP program has the capacity to admit 2 residents per year.

The uOttawa program launched our Competence By Design (CBD) curriculum in July 2021. Our CBD curriculum and rotation schedule optimizes the support for residents to be able to complete required training experiences, CBD evaluations and to progress through the stages of training. All residents are assigned a CBD academic coach who serves to guide the resident through the CBD curriculum. The CBD curriculum includes a full year academic day curriculum for final year residents covering a broad array of topics in Child & Adolescent Psychiatry. Child and Adolescent Psychiatry residents are also invited to attend the abundance of CPD workshops and seminars that take place within the Division of Child & Adolescent Psychiatry and through the University of Ottawa as well as the CAP National Curriculum.

Ottawa offers the amenities of a large city while maintaining many of the charms of a smaller city atmosphere. An abundance of year-round community events for young professionals and families exist in Ottawa, as well as easy access to a variety of outdoor activities.

### Policies Regarding International Medical Graduate (IMG) Applicants (including return of service requirements and funding arrangements)

IMGs are accepted by the UOttawa program, although they need to be fully funded by their host country. If the IMG applicant completed their Psychiatry residency in Canada they would follow the same application process as the CMG candidates. If they have completed their Psychiatry residency outside of Canada they would submit their application via the UOttawa PGME fellowship portal at:

[New User Registration \(uottawa.ca\)](https://uottawa.ca)

### Approximate Number of Positions Offered Per Year

2 CMGs and 1 IMG

### Special Application Requirements (i.e., in addition to the standard requirements listed above)

1. ITERS/evaluations from residency rotations to date.

### Link to Website

<https://med.uottawa.ca/psychiatry/divisions/child-and-adolescent/residency-training-program-child-psychiatry>

### Program Director

Leanna Isserlin, MD, FRCPC

### Program Assistant (\*\*Contact Person for Applications\*\*)

Ms. Johanne Ricard

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613-737-7600 x 3767

## CHILD & ADOLESCENT PSYCHIATRY SUBSPECIALTY RESIDENCY PROGRAMS IN CANADA

### Queen's University, Kingston

The Queen's University Child & Adolescent Psychiatry (CAP) subspecialty training program is approved by the Royal College of Physicians & Surgeons of Canada. The two-year comprehensive training program adheres to the RCPSC training requirements and offers a broad spectrum of clinical, scholarly and research and community collaboration experience. The clinical experience includes inpatient and outpatient psychiatry within a multidisciplinary team (MDT) model. There are dedicated outpatient clinics for Mood and Anxiety Disorders, Neurodevelopmental Disorders, Eating Disorders and Urgent Psychiatric Consult Care.

We have very strong collaborative relationships with our community partners (community mental health agencies in Brockville, Belleville, Smiths Falls, and Kingston), local school boards, child protection agencies, family health teams, primary care physicians and pediatricians.

The program has allied health professionals consisting of experienced psychologists, social workers, behavior therapists and occupational therapist who offer a full range of individual and group psychotherapies; Dialectical Behaviour Therapy, Family Therapy, CBT, Positive Parenting, anxiety, social skills, self-regulation, organizational skills, temper and managing powerful emotions groups.

Our academic program offers one half day every alternate Friday and covers the curriculum as listed with the RCPSC, presented by psychiatrists and MDT members. These have received much appreciation by the residents.

The residents are encouraged and have the opportunity to participate in CAP specific journal clubs and Grand Rounds. We are very supportive of research and encourage the residents to develop their individualized scholarly plan. The residents are encouraged to work with the Program Director and their (Academic advisors) to discuss and tailor their training to meet their needs to enable them to graduate as competent clinicians.

#### Policies Regarding International Medical Graduate (IMG) Applicants (including return of service requirements and funding arrangements)

- Queen's University CAP accepts IMG applicants who are completing or have completed General Psychiatry training at a RCPSC accredited Canadian residency program.
- Queen's University CAP accepts IMG applicants with consent of their funding agency.

#### Approximate Number of Positions Offered Per Year

- 1-2(variable)

#### Special Application Requirements (i.e., in addition to the standard requirements listed above)

1. A brief letter of intent outlining
  - The desire to apply for the Residency Program in Child & Youth Psychiatry at Queen's University
  - Career plan and how the Residency Program in Child & Youth Psychiatry at Queen's University will help to further this plan
2. The applicant should arrange for a letter from their Department Head or equivalent, or from a past Residency Program Director if they have already completed the residency training less than five years ago.

Link to Website

<https://psychiatry.queensu.ca/academics/subspecialties/child-and-youth-psychiatry>

Program Director

Sanjeev Sharma

[Sanjeev.sharma@kingstonhsc.ca](mailto:Sanjeev.sharma@kingstonhsc.ca)

Program Assistant (\*\*Contact Person for Applications\*\*)

Krista Robertson, Secretary

[robertk4@providencecare.ca](mailto:robertk4@providencecare.ca)

## University of Saskatchewan, Saskatoon

The University of Saskatchewan offers a two-year program in Child and Adolescent Psychiatry that is fully accredited by the Royal College of Physicians and Surgeons of Canada. The site of training can be either Saskatoon or Regina, depending on the resident's preference along with the capacity at each site. Note that residents in Regina will have to go to Saskatoon for one mandatory rotation, for which accommodations can be provided. Child and Adolescent Psychiatrists in Saskatchewan are a collegial group of dedicated psychiatrists who offer a broad range of clinical services. There are opportunities for research and our residents have been successful in winning research awards at international conferences. Faculty are very keen to teach and residents are encouraged and supported to develop their unique career interests within the child and adolescent psychiatry subspecialty. There are dedicated child and adolescent psychiatry inpatient units in both Saskatoon and Regina and we have integrated consultation liaison services with the Jim Pattison Children's Hospital in Saskatoon. We look forward to welcoming new residents!

### Policies Regarding International Medical Graduate (IMG) Applicants (including return of service requirements and funding arrangements)

Applications are invited from IMG's who are currently enrolled in a Psychiatry program at a Canadian medical school. If there is a return of service agreement in place, this must be declared at the time of application. Psychiatrists currently in practise in Canada who have completed Royal College certification, are also welcome to apply to the Child and Adolescent Psychiatry program at the University of Saskatchewan.

### Approximate Number of Positions Offered Per Year

3-4 (2-3 in Saskatoon, 1-2 in Regina annually)

### Special Application Requirements (i.e., in addition to the standard requirements listed above)

1. Copy of ITERs from residency rotations completed at the time of application
2. Medical Diploma confirming date of graduation from medical school
3. Copy of current general or educational medical license
4. 3 reference letters - to be forwarded directly to the program from the referee
5. Application form is available on the website linked below

### Link to Website

<https://medicine.usask.ca/department/clinical/psychiatry.php#ChildAdolescentSubspecialty>

### Program Director

Madhav Sarda, MD, FRCPC  
Child and Adolescent Psychiatry Program Director  
University of Saskatchewan  
Rm. 241 Ellis Hall  
Royal University Hospital  
Saskatoon, SK S7N 0W8  
Tel 306-844-1004      Fax 306-844-1529  
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Program Assistant (\*\*Contact Person for Applications\*\*)

Blessing Madenga  
Program Administrative Assistant  
Child and Adolescent Psychiatry Program  
University of Saskatchewan  
Rm. 110 Ellis Hall  
Royal University Hospital  
Tel 306-844-1312      Fax 306-844-1533  
brm072@mail.usask.ca

## Université de Sherbrooke, Sherbrooke

Notre programme de psychiatrie de l'enfance et de l'adolescence a ouvert ses portes en 2014. Il répond depuis ses débuts aux exigences d'accréditation par le Collège Royal.

La première année consiste en des stages d'hospitalisation, d'hôpital de jour, de recherche, de clinique TSA et de stages de pédiatrie.

Le R6 quant à lui inclut les stages de clinique externe et des cas complexes, qui à lui seul offre diverses possibilités selon les intérêts et besoins du résidents (cas complexes en clinique externe, clinique des troubles de la conduite alimentaire, module de thérapie de groupe dialectique et comportementale pour les adolescentes présentant une dysrégulation importante des émotions et des traits de personnalité limite, module de thérapie de groupe pour enfants ou adolescents aux prises avec des troubles anxieux, clinique TSA, psychiatrie du nourrisson, clinique des troubles à symptomatologie somatique, suivis intensifs, etc.). Il est également possible, toujours selon les intérêts et besoins du résident, d'organiser à nouveau des passages en hospitalisation et/ou en hôpital de jour.

Certains stages sont disponibles dans nos milieux affiliés (Longueuil, Chicoutimi, Drummondville, Granby, St-Hyacinthe, St-Jean-sur-Richelieu).

Notre programme est par ailleurs doté de superviseurs qualifiés dans les divers types de psychothérapies indiquées avec les jeunes (TCC, IPT, DBT, thérapie familiale, psycho dynamique). La consultation-liaison et la couverture de garde sont aussi parties prenantes de la formation, de façon longitudinale, tout comme l'exposition au triage, au MSRP et les activités académiques classiques.

Parmi les autres avantages de notre programme, notons l'ouverture à organiser de nouveaux stages pour répondre à des intérêts plus spécifiques, la supervision de l'enseignement et des ressources pour aider à la recherche. Nous offrons un soutien à la préparation aux examens, dont des pratiques de PDM, de STACER et des libérations d'une demi-journée et de garde sur certaines périodes critiques pour étude.

Notre milieu en est un réputé pour son organisation et le contact direct et facile avec les superviseurs. Un suivi régulier se fait entre résident et directeur de programme. Nous privilégions un horaire permettant un apprentissage actif et l'équilibre de vie.

Sachez aussi que lors des entrevues, un temps est réservé à l'explication de notre programme et au contact avec un résident senior du programme.

### Policies Regarding IMG Applicants (including return of service requirements and funding arrangements)

Équivalence d'une résidence en psychiatrie complétée requise. Nous contacter pour obtenir de plus amples renseignements.

### Application Requirements

1. CV à jour
2. Lettre d'intention (maximum de 800 mots)
3. Relevé des évaluations de stage depuis le début de la résidence
4. Deux lettres de référence

À noter que pour avoir accès à notre programme, la maîtrise du français est requise à l'oral et à l'écrit.



Link to Website

<https://www.usherbrooke.ca/dep-psychiatrie/services/service-universitaire-de-pedopsychiatrie/>

Program Director

Marie-Christine Légaré

[Marie-Christine.Legare@USherbrooke.ca](mailto:Marie-Christine.Legare@USherbrooke.ca)

Program Assistant (\*\*Contact Person for Applications\*\*)

[Pedopsy-Med@USherbrooke.ca](mailto:Pedopsy-Med@USherbrooke.ca) (secrétariat)

## CHILD & ADOLESCENT PSYCHIATRY SUBSPECIALTY RESIDENCY PROGRAMS IN CANADA

### University of Toronto, Toronto

The University of Toronto has a long tradition of training senior residents and fellows in Child and Adolescent Psychiatry (CAP), and we welcome applicants with a wide range of interests. However, attributes that are particularly valued by our Division of Child and Youth Mental Health (DCYMH) and our training program include **clinical excellence, leadership, scholarship, advocacy, and innovation that increases service capacity.**

For their rotations, CAP subspecialty residents have access to 13 clinical sites across the DCYMH. These include a world-class children's hospital (SickKids), Canada's largest teaching hospital devoted to mental health and addiction (The Centre for Addiction and Mental Health), and excellent community hospitals and children's mental health agencies.

In July 2021, we implemented a new rotation model that is aligned with our launch of Competence By Design (CBD). This new model ensures that residents receive broad and balanced training, while facilitating the achievement of Entrustable Professional Activities (EPAs). In addition, residents continue to have considerable choice among clinical sites, as well as 6 months of elective/selective time. We have also introduced a new and improved seminar curriculum, which complements the national online seminars attended by CAP subspecialty residents across the country.

Given the large size and academic excellence of the DCYMH, the range of research opportunities is virtually endless. We also have a strong focus on educational scholarship, and residents are encouraged to develop their teaching and supervisory skills. The UofT Department of Psychiatry is fully committed to Equity, Diversity, and Inclusion (EDI), and the CAP subspecialty program works diligently to promote EDI in all facets of the program, including admissions, clinical rotations, and the seminar curriculum.

Mindful that residents may be spread out over many sites, our CAP subspecialty program makes a deliberate effort to develop a warm and close-knit training community. Residents come together once per month for an academic day that includes seminars and a meeting with the program director. The program also organizes regular social events for residents and supervisors, such as a summer barbecue, pub nights, and an end-of-year celebration. After two years of converting these activities to virtual events, we are thrilled that we can now get together in person more often.

In short, the UofT CAP subspecialty program is committed to providing top-notch clinical and scholarly training, while fostering an environment that is friendly, supportive, and collegial. We also consider applicants equally from across the country, so wherever you're from, please come check us out!

### Policies Regarding International Medical Graduate (IMG) Applicants (including return of service requirements and funding arrangements)

IMGs with outside funding from approved sponsors are eligible to apply to the UofT CAP subspecialty program. Like all eligible applicants, they must have Royal College Certification in Psychiatry or be enrolled in a Royal College-accredited Psychiatry program (currently we are not able to consider applicants seeking training through the Royal College's Subspecialty Examination Affiliate Program [SEAP]). The applications of IMGs will be considered using the same procedures and standards used for Canadian applicants. All applicants will be ranked according to the merits of their application and will be considered for acceptance only if they are deemed to be sufficiently competent and likely to succeed in the program. Based on their ranking and the number of funded positions available, Canadian applicants who meet the standard of competence will be offered acceptance first. IMGs with outside funding who meet the same standard may then be offered acceptance if the program has the capacity to accommodate them.

### Approximate Number of Positions Offered Per Year

4 (but variable)

Special Application Requirements (i.e., in addition to the standard requirements listed above)

1. Completed Residency Experience Form
2. Copy of all ITERs from the resident's General Psychiatry training program
3. 2 reference letters (do not send more than 2, and letters may not be written by a member of our Admissions Subcommittee)

Link to Website

<https://www.psychiatry.utoronto.ca/subspecialties>

<https://www.psychiatry.utoronto.ca/child-and-adolescent-psychiatry>

Program Director

Daniel Gorman, MD, FRCPC

[daniel.gorman@sickkids.ca](mailto:daniel.gorman@sickkids.ca)

Program Assistant (\*\*Contact Person for Applications\*\*)

Ms. Sandra Caswell

[sandra.caswell@utoronto.ca](mailto:sandra.caswell@utoronto.ca)

416-535-8501, ext. 30868

### Western University, London

Western University offers a training opportunity that is innovative, flexible and adaptable to resident learning needs. Our program offers significant depth and breadth of clinical training experiences including hospital based and community based programs in London as well as Southwestern Ontario. This includes the Child Parent Resource Institute (CPRI) which is a quaternary level institution providing highly specialized mental health care to children and youth in the province. Another unique training site is the First Episode Mood and Anxiety Program (FEMAP) that treats transitional age youth in a clinical setting that incorporates research and psychotherapy opportunities. Psychotherapy training is diverse including DBT, CBT, Play Therapy, Family Therapy and Trauma Therapy including the new Seeking Safety training clinic. Residents have access to multiple specialty clinics and research opportunities.

Residents are given orientation activities throughout the first month. We have a robust curriculum that is provided during the full academic day per week through the PGY5 and PGY6 years. Residents participate in numerous education opportunities including CAP Complex Case Rounds, CAP Journal Club, CAP Patient Safety Rounds, and CAP Interest Group. Residents also participate in retreats, movie nights, and get togethers with faculty. Resident reflection groups and mentorship are components of resident wellness at Western. All of these aspects of training make up the formal curriculum on Wellness for CAP residents. This curriculum was recognized with the Leading Practice/Innovation designation from the Royal College of Physicians and Surgeons of Canada during our 2019 residency program accreditation.

Some of our residents have participated in various Masters Degree programs including Master of Health Professions Education, Master of Epidemiology, and Master of Business Administration.

#### Policies Regarding International Medical Graduate (IMG) Applicants (including return of service requirements and funding arrangements)

We welcome all residents from across Canada and we look forward to hearing from you!

Western University accepts CMG or IMG applicants who are completing or have completed General Psychiatry training at a RCPSC accredited Canadian residency program.

#### Approximate Number of Positions Offered Per Year

2, with the possibility of up to 4

#### Application Requirements

1. Letter of Intent
2. Updated CV
3. Letter of Good Standing from Current Residency Program Director
4. Two Reference Letters - At least one reference from a referee commenting on clinical ability in CAP
5. List of Child and Adolescent Psychiatry Resident Experiences
6. Assessment forms from CAP core and elective rotations during residency (eg. ITER/ITARs).

#### Link to Website

[https://www.schulich.uwo.ca/psychiatry/education/postgraduate/child\\_and\\_adolescent\\_psychiatry\\_subspecialty.html](https://www.schulich.uwo.ca/psychiatry/education/postgraduate/child_and_adolescent_psychiatry_subspecialty.html)

#### Program Director

Michelle Ngo, BSc, BEd, MD, FRCPC

[michelle.ngo@lhsc.on.ca](mailto:michelle.ngo@lhsc.on.ca)

Program Assistant (\*\*Contact Person for Applications\*\*)

Ms. Tracy Henebry

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519-667-6671