



Find Your Place

with Saskatchewan Family Medicine.

Q: How has your program adapted training due to the pandemic and do you feel that any changes will be permanent?

A: Much of the clinical training has been able to continue a standard during the pandemic, with additional safety protocols and PPE in place. Additional virtual learning opportunities and courses have been offered to address gaps where training opportunities have been disrupted. Access to ancillary virtual learning opportunities are likely to continue in the long term.

Q: Are there good job opportunities available after training?

A: Yes! Job offers have already been made to the FMR2s who are graduating in June 2021. There are frequently plenty of opportunities in the urban and rural centres. A high proportion of our residents stay to live and work in our communities after completing training, which is something we pride ourselves on.

There are many opportunities for Family Physicians to join or start practices to meet their professional goals in Saskatchewan.

Q: What kinds of research opportunities are available in the USask Family Medicine program?

A: The program is supportive of all varieties of research projects and residents are encouraged to pursue research areas they are passionate about. For those interested, there is always ample opportunity for research with the many faculty members at the sites or at the University.

Q: Do the Urban and Rural Sites ever cross over?

A: Yes, residents from all sites get together at the annual resident retreat, and there are a variety of opportunities to network with the other sites. There is also ample opportunity for exposure to other sites during rotations and electives.

All residents spend significant amounts of their time in rural and regional locations.

The program makes opportunities for all residents to pursue elective and other educational opportunities across the Province.

Q: What is housing accessibility like at your site locations?

A: Our sites boast strong affordability and accessibility when it comes to housing. Program administrators can assist in suggesting ideal rental locations, and some of our residents even choose to become homeowners in the communities where they are training.

When a resident is assigned to a mandatory rotation away from their home site the program provides accommodations.

Q: What is the best part about living in Saskatchewan as a family medicine resident?

A: There are so many wonderful things about living in Saskatchewan! Saskatchewan is home to some of the most beautiful landscapes that you never even knew existed. Our prairie cities and rural communities are tight-knit and embrace residents with open arms. You will not only build relationships with the community, but with your fellow residents and preceptors. We should also mention the affordable cost of living and short commutes. These are just some of the reasons that many of our residents choose to stay once they have completed their training.

Q: What does resident wellness look like in your programs?

A: Wellness opportunities are built into our program in a variety of ways. Residents are provided time and opportunity to pursue wellness in ways that make sense for them. Regular group wellness activities have continued to be facilitated in socially distanced formats. Time in nature is a recurring theme in group wellness activities – summer hiking and boating, winter skiing, fishing, and bonfires.

Each site has a wellness lead and the program supports site and resident led activities. The program actively monitors resident wellness and proactively addresses issues. In addition the University of Saskatchewan and the Saskatchewan Medical Association have robust supports for physicians, residents and their families.

Q: What does the mentorship process look like over the course of residency? How (and how often) is feedback provided to residents

A: The program assigns each resident a Faculty adviser, whose role is to meet with the resident regularly. One of their principle tasks is to assist the resident in creating an individual learning plan, during residency and into early practice.

In addition to the regular observations and feedback residents can expect to receive the program meets 3 times a year with the resident in a Periodic Review. At these meetings all the evaluation information is reviewed with the resident. Areas in which the resident is succeeding or requires additional support are identified at these meetings. If necessary learning supports are identified and implemented. Saskatchewan.

Q: Are there opportunity for family medicine residents to participate in undergrad medical teaching?

A: Residents receive instruction in how to teach and evaluated learners. It is an expectation of the program that the residents will be actively involved in the delivery of the undergraduate program at the University of Saskatchewan. The residents will receive feedback on their teaching and assistance in developing these skills.